

APRIL 30  
& MAY 1  
2024

90th ANNUAL  
**MINNESOTA  
SAFETY & HEALTH  
CONFERENCE**  
MYSTIC LAKE CENTER

Full- and Half-Day  
Professional  
Development Courses  
on Monday, April 29.  
**SEE INSIDE!**



**MINNESOTA SAFETY COUNCIL**

CHAPTER OF THE NATIONAL SAFETY COUNCIL

[minnesotasafetycouncil.org](https://minnesotasafetycouncil.org)

# 2024 CONFERENCE SPONSORS

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# MINNESOTA SAFETY & HEALTH CONFERENCE



**PAUL W. AASEN**

CEO,  
MINNESOTA  
SAFETY  
COUNCIL



**We are excited to bring you the 2024 Safety and Health Conference! I don't know how you feel, but I feel like the pace of life and work has been speeding up over the past year. The roads are more crowded, there are more new faces in the workplace and the day-to-day buzz has increased. Someone stepped on the gas!**

The big question for all of us is "what does this mean for keeping people safe?" That's a tough question. In some cases, it means going back to the basics. New employees need safety training just as quickly as they need production training. Long-term employees need reminders about the practices that keep them and their new colleagues safe. It's about foundational safety.

Then there's the new challenges. Across the board, substance abuse is more prevalent than ever and we have now legalized marijuana. What kinds of changes in practice and policy are needed to ensure the workplace and the roadway are safe while helping any of our colleagues who may need help? Vehicles are taller and heavier than ever and we are driving faster than

ever; what can we do to protect everyone on the roadway? Lastly, the increased pace of life, coupled with some lingering post-COVID uncertainty, is not making it easy for anybody. Stress shows up in many ways and we each require different kinds of relief and counsel. How do we bridge from home to work and back in a way that recognizes and provides a path to sound mental health?

The 2024 Safety and Health Conference has training and sessions aimed at the old and the new, the basic and the complex, the workplace and everyplace. We look forward to seeing you at Mystic Lake Center, to talk with our friends and peers about how to keep people safe, and to learning some new ways to think about new challenges. I hope you will join us!

Register for the conference online at [minnesotasafetycouncil.org/conf](https://minnesotasafetycouncil.org/conf)

## 2024 HIGHLIGHTS

- ▶ Full- and half-day Professional Development Courses on **Monday, April 29**. New to Safety? See our Emerging Safety Professionals programming.
- ▶ Two days of educational sessions and a Networking Reception on **Tuesday, April 30, 4:30 – 6:30 p.m.**
- ▶ Full-day tracks geared to emerging safety professionals, risk and regulatory topics, and traffic-related sessions.
- ▶ Two Exhibit Halls showcasing 125+ exhibitors. Hours: **Tuesday, April 30, 8:00 a.m. – 3:30 p.m.** and **Wednesday, May 1, 8:00 a.m. – 3:00 p.m.**

▶ **REGISTER ONLINE OR USE THE ATTACHED FORM.**  
*(Receipts will be emailed.)* Pick up name badges and lunch tickets on-site only. Registration desk will be open at 6:30 a.m. each day.

## HOTEL

**MYSTIC LAKE HOTEL & SPA**  
2400 Mystic Lake Blvd.  
Prior Lake, MN 55372  
Phone: 800-262-7799

### ▶ ROOM RATES

Single or Double Room: \$174;  
Additional person: \$10  
Tax: 7.375% sales and 3% room

### ▶ ONLINE RESERVATIONS

[minnesotasafetycouncil.org/conf](https://minnesotasafetycouncil.org/conf)

### ▶ PHONE RESERVATIONS

Call 952-445-9000 or 800-262-7799  
(Reference conference group code:  
Minnesota Safety Council)

**All reservations must be received by the hotel no later than April 3, 2024.** Any reservation requests received after this date will be subject to standard guestroom rates and room type availability.

# 2024 MINNESOTA SAFETY & HEALTH CONFERENCE

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# MINNESOTA SAFETY & HEALTH CONFERENCE

MYSTIC LAKE CENTER

APRIL 30  
& MAY 1  
2024

## 2024 CONFERENCE REGISTRATION

- ▶ **REGISTER ONLINE** OR complete the **2024 Conference Registration Form and Session Checklist** on **pages 6 and 7**. Mail or email **BOTH PAGES** to the **Minnesota Safety Council**.

You can register in the lobby of the Mystic Lake Center (2400 Mystic Lake Blvd, Prior Lake, MN) beginning at 6:30 a.m. each morning of the conference, OR — why not register online or by mail, email or phone before **March 29, 2024!** You'll save big dollars, you won't have to stand in line, and you'll help us plan for a smoother conference experience just for you!

### EARLY-BIRD DISCOUNT

Register by **March 29, 2024** and qualify for an Early Bird Discount! See page 6 for ticket details.

### IMPORTANT NOTES AND REMINDERS

- ▶ There are no refunds after **APRIL 15, 2024**.
- ▶ Payment is required with registration. **Confirmation receipts will be emailed.**
- ▶ Full-time students may attend conference sessions at no charge if preregistered. Student ID required. (Lunch tickets extra)
- ▶ All name badges and lunch tickets will be distributed on-site in the lobby of the Mystic Lake Center beginning at 6:30 a.m. each morning.
- ▶ Governor's Safety Awards will be presented during Opening Session on Wednesday, May 1.

### SPECIAL GROUP PRICING

Join the many organizations who think the Minnesota Safety & Health Conference is a valuable event that they send several of their employees (their safety committee, union safety representatives, key supervisory personnel, the whole safety staff)!

Here's the deal: Register five or more people from the same organization and receive 15% off all your conference registrations (see page 6 for ticket details).

### CONTINUING EDUCATION UNITS (CEUs)

It's easy to earn CEUs for every Minnesota Safety & Health Conference session you attend! Here's how:

- Complete and return the registration form and session checklist or register online. Make sure to sign up for all the sessions you will attend that require pre-registration.
- Stop by the registration desk to pick up a CEU request form.
- Your CEU certificates will be emailed to you following the conference.

### CSP, CHMM and SHRM

If you're a Certified Safety Professional or a Certified Hazardous Materials Manager, you can earn CEUs for each full day you attend educational sessions at the Minnesota Safety & Health Conference. If you're a Certified Industrial Hygienist, check out [www.abih.org](http://www.abih.org).

For submission instructions, contact the Board of Certified Safety Professionals at 317-593-4800, the Institute of Hazardous Materials Management at 301-984-8969 or see the American Board of Industrial Hygiene website at [www.abih.org](http://www.abih.org).

SHRM credits applied for.

### CANCELLATIONS

Cancellations need to be in writing/email or phone by April 15, 2024 for a full refund. There are no refunds after April 15, 2024. Refunds will not be made on uncanceled registrations or no-shows. If we cancel an event, registrants will be given a full refund. Substitutions are excepted, however, two day registrations may not be split or shared.

# 2024 CONFERENCE REGISTRATION FORM

## MINNESOTA SAFETY & HEALTH CONFERENCE | April 30 & May 1, 2024

USE A SEPARATE FORM FOR EACH INDIVIDUAL. PLEASE PRINT CLEARLY.

▶ **ONLINE REGISTRATION** is also available at [minnesotasafetycouncil.org/conf](https://minnesotasafetycouncil.org/conf) (click "Register Online")

### 1 ATTENDEE INFORMATION

Name \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please exclude my email from attendee listing provided to exhibitors.

**ACCOMMODATIONS:** Check here if, under ADA, you require special services in order to attend OR if you have medical dietary restrictions. MSC will take dietary restrictions into account but cannot guarantee that all can be accommodated.

### 2 PROFESSIONAL DEVELOPMENT COURSES | Monday, April 29, 2024

**HALF-DAY COURSES | 8:00 a.m. – 12:00 p.m.**

**\$225 Member | \$325 Nonmember**

**Aerial Lifts — Fundamentals for the Trainer** \$ \_\_\_\_\_  
(6-hour course: ends at 2:00 p.m.)

**Forklifts and Other PITs: Fundamentals for the Trainer** \$ \_\_\_\_\_  
(6-hour course: ends at 2:00 p.m.)

**Industrial Hygiene Basics — You Can Do It!** \$ \_\_\_\_\_

**Safe by Choice: Improving Safety Performance by Changing How We Think About Safety** \$ \_\_\_\_\_

**ALL-DAY ESP PROGRAM | 8:00 a.m. – 5:00 p.m.**

**\$175 Member | \$275 Nonmember**

**Emerging Safety Professionals Program** \$ \_\_\_\_\_

**ALL-DAY COURSES | 8:30 a.m. – 4:00 p.m.**

**\$345 Member | \$445 Nonmember**

**Mental Health First Aid Certification** \$ \_\_\_\_\_

**Safety Inspections** \$ \_\_\_\_\_

**Writing Safety Programs: Meeting Compliance with Written Competence** \$ \_\_\_\_\_

**\$375 Member | \$475 Nonmember**

**Why Leadership and Communication is Almost Everything in EHS** \$ \_\_\_\_\_

**PROFESSIONAL DEVELOPMENT SUB-TOTAL** \$

### 3 FREE EVENT | Tuesday, April 30, 2024

**Networking Reception | 4:30 – 6:30 p.m.**

### 4 CONFERENCE REGISTRATION

Check ONE Option:

**OPTION 1: Two-Day Registration (April 30 & May 1)**

Includes opening keynote; exhibits; education sessions; plus continental breakfast, lunch and breaks each day.

▶ **Member** Before 3/29: \$555 | After 3/29: \$655

▶ **Nonmember** Before 3/29: \$655 | After 3/29: \$755

(Two-day registrations may not be split between two individuals, each attending one of the days.)

**OPTION 2: One-Day Registration ONLY**

Includes opening keynote; exhibits; education sessions; plus continental breakfast, lunch and breaks for one day.

**Tuesday, April 30**  **Wednesday, May 1**

▶ **Member** Before 3/29: \$380 | After 3/29: \$480

▶ **Nonmember** Before 3/29: \$480 | After 3/29: \$580

**CONFERENCE REGISTRATION SUB-TOTAL** \$

### 5 TOTALS

**Section 2: Professional Development Sub-Total** \$ \_\_\_\_\_

(15% group discount does not apply to Professional Development Courses.)

**Section 4: Conference Registration Sub-total** \$ \_\_\_\_\_

**Group Discount:** 15% group discount for 5 or more attendees from the same company, if applicable. (See Page 5)

**GRAND TOTAL** \$

### 6 PAYMENT INFORMATION

Payment **MUST** accompany conference registration.

Check Enclosed (payable to Minnesota Safety Council, Federal EIN #41-0418405)

Credit Card:  Visa  MasterCard  American Express

Card Number \_\_\_\_\_

Name (Print) \_\_\_\_\_

Signature \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

**Mail:** Minnesota Safety Council, 2024 Minnesota Safety & Health Conference, 474 Concordia Avenue, Saint Paul, MN 55103

**Phone:** 651-291-9150/800-444-9150

**Email:** [msc@mnscc.org](mailto:msc@mnscc.org)

**Online:** [minnesotasafetycouncil.org/conf](https://minnesotasafetycouncil.org/conf)

# 2024 CONFERENCE SESSION CHECKLIST

## MON. APRIL 29 | PROFESSIONAL DEVELOPMENT

### HALF-DAY COURSES | 8:00 a.m. – 12:00 p.m.

- Aerial Lifts — Fundamentals for the Trainer (until 2:00 p.m.)
- Forklifts and Other PITs: Fundamentals for the Trainer (until 2:00 p.m.)
- Industrial Hygiene Basics — You Can Do It!
- Safe by Choice: Improving Safety Performance by Changing How We Think About Safety

### ALL-DAY COURSES | 8:30 a.m. – 4:00 p.m.

- Mental Health First Aid Certification \*Limited seats available
- Safety Inspections
- Why Leadership and Communication is Almost Everything in EHS
- Writing Safety Programs: Meeting Compliance with Written Competence

### ALL-DAY ESP PROGRAM | 8:00 a.m. – 5:00 p.m.

- Emerging Safety Professionals Program and Reception

## TUESDAY, APRIL 30

EXHIBIT HALLS OPEN | 8:00 a.m. – 3:30 p.m.

OPENING SESSION | 7:30 – 9:00 a.m.

- KEYNOTE: KEVIN BROWN | The Hero Effect: Being Your Best When it Matters the Most!**

## WEDNESDAY, MAY 1

EXHIBIT HALLS OPEN | 8:00 a.m. – 3:00 p.m.

OPENING SESSION | AWARDS | 7:30 – 9:00 a.m.

- KEYNOTE: KELLEN SCHMIDT  
Between the Lines | My Safety Story**

### BREAKOUT SESSIONS | 10:00 – 11:00 a.m.

- Confined Space Entry — Outside Demo
- Hero Effect: A Deeper Dive
- MNOSHA Update
- Road to Self-Care — Mental Health, Fatigue and Driving
- Root Cause Analysis
- Safety Leadership Development
- Six Principles for a Successful Safety Culture

### BREAKOUT SESSIONS | 11:15 a.m. – 12:15 p.m.

- Fall Protection Awareness — Outside Demo
- Laugh For the Health of It
- Leading a Culture of Stop Work Authority

### BREAKOUT SESSIONS | 11:15 a.m. – 12:45 p.m.

- Active Threat Preparedness
- Cargo Securement
- How Wearable Safety Tech Enhances HOP Initiatives While Reducing Incidents and Claims
- Stop Yelling at Me! How Soft Skills Make You a Better Safety Person (Pt. 1)

### LUNCH | 12:15 – 1:30 p.m.

### BREAKOUT SESSION | 1:30 – 4:30 p.m.

- Human and Organizational Performance (HOP) — Serious Injury and Fatality Discussions

### BREAKOUT SESSIONS | 1:30 – 2:30 p.m.

- Got Boomers? Driving Risks and Mitigating Tips for Our Seasoned Employees
- MNOSHA: Ergonomics and Warehousing
- Safe Rigging Practices (until 3:00 p.m.)
- Safety Committees
- The Blunt Truth — Navigating Marijuana and Reasonable Suspicion in the Workplace
- Workers' Compensation Claims Management

### BREAKOUT SESSIONS | 3:30 – 4:30 p.m.

- Accommodating Ill/Injured Employees
- Chronic Pain, Mental Health and Suicide: How Are These Related and What Can You Do?
- Clearing the Smoke — The New Marijuana Law
- Human Resource Concerns When Terminating a Potentially Violent Employee
- Roadside Inspections — Are You Prepared? Outside Demo
- Top 10 Mistakes Employers Make During an OSHA Inspection

- NETWORKING RECEPTION | 4:30 – 6:30 p.m.**

### BREAKOUT SESSIONS | 10:00 – 11:00 a.m.

- Artificial Intelligence (AI) and the EHS Professional
- Emergency Recognition and Response in the Workplace
- How to Network Effectively
- Lone Worker Syndrome — Who is Watching Their Back?
- Pain, Opioids, and MSK Injuries
- Should I Stay or Should I Go? (Part 2 of Stop Yelling at Me!)
- Watch For Trains! How Train Traffic Impacts Your Fleet and the Safety of Your Drivers

### BREAKOUT SESSIONS | 11:15 a.m. – 12:15 p.m.

- Outdoor Air Quality Alerts: What Do They Mean for Workers?
- Teen Workers — Challenges Preparing Our Next Workforce
- Unlocking Your Safety Strategy

### BREAKOUT SESSIONS | 11:15 a.m. – 12:45 p.m.

- Sharing the Road with Professional Truck Drivers — Outside Demo
- Stress Less and Recharge: Beating Burnout Before it Brutally Beats YOU
- The Future of Safety & Health: Three Trends Shaping the Future of the Profession
- The Right Stuff: Filling the Pipeline with Emerging Safety Professionals

### LUNCH | 12:15 – 1:30 p.m.

### BREAKOUT SESSIONS | 1:30 – 2:30 p.m.

- Contractors: Forging Strong, Safety Based Relationships
- Influencing Up, Down and Across Your Organization
- Reviewing How Key NFPA 70E (2024) Changes Impact Sustainable PPE Best Practices
- Safety is Not a Four Letter Word
- Telling is Not Selling: What EHS Can Learn from Sales Leaders
- Warehousing and Dock Safety
- Working Together to Keep Traffic Safety a Top Priority

### BREAKOUT SESSIONS | 3:15 – 4:15 p.m.

- ATV Safety Training: An Essential Resource for All
- Be Loud. Be Safe.
- Beyond the Ergonomic Assessment
- DOT Compliance and Safety Update: What You Need to Know
- New Mobile Industrial Robot Safety Standards
- Up on Ladder Safety
- What HAZWOPER Training Suits You?

See Pages 8 – 21 for Session Descriptions.

# PROFESSIONAL DEVELOPMENT COURSES

## MONDAY, APRIL 29, 2024 | MYSTIC LAKE CENTER

### HALF-DAY COURSES

8:00 a.m. – 12:00 p.m.

#### Aerial Lifts — Fundamentals for the Trainer (6-hour course: ends at 2:00 p.m.)



**PRESENTER: Ben Wood, JD, MS, CSP, Occupational Safety Manager, Minnesota Safety Council, St. Paul, MN**

Do you have employees operating and/or working around aerial lifts, now referred to as mobile elevated work platforms (MEWPs)? Are your trainers qualified to facilitate proper training? In both general industry and construction, OSHA requires that each operator be properly trained prior to operating any MEWP, and ANSI further establishes that trainers be “qualified”. This course is intended for trainers, as well as superintendents, managers, supervisors, foremen, and safety personnel, to understand design and loading principles, requirements and consensus standards, and the responsibilities of qualified trainers.

#### Forklifts and Other PITs: Fundamentals for the Trainer (6-hour course: ends at 2:00 p.m.)



**PRESENTER: Trent Koppes, Occupational Safety and Health Manager, South Dakota Safety Council, Sioux Falls, SD**

Do you have employees operating forklifts or telehandlers? In both general industry and construction, OSHA requires that each operator be properly trained and evaluated prior to operating any powered industrial truck (PIT), and this training must be conducted by a person who has “the knowledge, training and experience to train operators and evaluate their competence”. Are your trainers competent to facilitate proper training? This course is intended for trainers, as well as superintendents, managers, supervisors, foremen, and safety personnel, to understand design and loading principles, requirements and consensus standards, and the responsibilities of designated trainers.

#### Industrial Hygiene Basics — You Can Do It!



**PRESENTER: Tom Slattery, Safety Director, Norfolk Iron & Metal Group, Norfolk, NE**

The term “Industrial Hygiene” may sound confusing or even a little scary, but it just refers to the evaluation and control of health hazards in the workplace. While identifying, measuring and interpreting sampling results for chemical, noise, heat/cold, and ergonomic hazards can definitely seem intimidating, this session will provide you a solid introduction to the topic as well as resources to help you navigate a sampling strategy to ensure your employees stay healthy and safe.

#### Safe by Choice: Improving Safety Performance by Changing How We Think About Safety



**PRESENTER: Rob Chvatal, Vice President, Safety, Braun Intertec, Minneapolis, MN**

Improving safety performance is often a fight against human tendencies to repeatedly perform at-risk behaviors that become habits. To change these at-risk habits requires a change in the thoughts/attitudes behind the behaviors. This session will look at the Safe by Choice approach that provides a proven method for sustainably improving safety by challenging how we all think about safety and how leaders drive the needed thought-behavior patterns.

### ALL-DAY COURSES

8:30 a.m. – 4:00 p.m.

#### Mental Health First Aid Certification



**PRESENTER: Adam Theisen, First Aid Program Manager, Minnesota Safety Council, St. Paul, MN**

Mental Health First Aid is designed to give you skills to help someone who is developing a mental health challenge or crisis. Just as CPR training helps someone without medical training assist an individual following a heart attack, this course helps a layperson assist someone experiencing a mental health crisis. Learn how to recognize the potential risk factors and warning signs of mental health problems and how to connect someone who may be dealing with a mental health challenge with appropriate resources.

#### Safety Inspections



**PRESENTER: Terry Larson, GSP, Workplace Safety Director, Minnesota Safety Council, St. Paul, MN**

This one-day National Safety Council course provides an overview of the safety and health inspection process, then examines specific techniques to improve the process, including techniques to find root causes of safety issues. It also addresses basic skills for conducting various types of inspections and correcting identified hazards. (Part of the National Safety Council’s Advanced Safety Certificate Series.)



# PROFESSIONAL DEVELOPMENT COURSES

## MONDAY, APRIL 29, 2024 | MYSTIC LAKE CENTER

### ALL-DAY COURSES

8:30 a.m. – 4:00 p.m.

#### Why Leadership and Communication Is Almost Everything in EHS



**PRESENTERS:** Jason Kunz, CIH, CSP, Global EHS Team + Culture Activation Lead, 3M, St. Paul, MN and Perry Logan, PhD, CIH, Vice President, National Safety Council, Itasca, IL

Surveys from business and organizational executives confirm

that employers want strong leadership and communication skills in their safety and health (S&H) professionals in addition to sound technical and scientific attributes. Understanding key principles and building leadership skills is what makes the difference in achieving organizational and individual success. This energizing, highly engaging workshop will focus on strengthening leadership skills and attributes critical to leading teams, programs and businesses and enhancing self-awareness through the understanding of personality styles and strengths. Please come prepared to participate fully.

#### Writing Safety Programs: Meeting Compliance with Written Competence



**PRESENTER:** Cynthia Braun, CSP, CIT, CHMM, Paralegal, President, Braun Safety Assoc., LLC, Littleton, CO

Your writing skills directly impact your professional credibility, personal success, and your company's regulatory compliance. Well written safety programs can catapult you to new heights in your career and decrease the likeliness for compliance problems. Join our working session for important reminders about OSHA-required program elements, grammatical fundamentals, common pitfalls to avoid, and the difference between program, policy and procedure.

#### CONNECT WITH US



#MNSafetyConf24



### ALL-DAY EMERGING SAFETY PROFESSIONALS (ESP) PROGRAM AND RECEPTION

8:00 a.m. – 5:00 p.m.

**Calling all new to safety professionals!** The Minnesota Safety Council's Emerging Safety Professionals (ESP) group officially got off the ground in 2019, and we're celebrating by offering your own development day before the full conference begins. A special agenda of programming is planned, including a reception at the end of the day. If you are new in your safety role or looking to continue to broaden your knowledge, tools and resources, you won't want to miss this event.

- **8:00 a.m. | REGISTRATION**
- **8:00 – 8:15 a.m. | WELCOME & INTRODUCTIONS**  
**PRESENTERS:** Renee Molstad, Membership and Business Development Manager, Minnesota Safety Council, St. Paul, MN; Megan Navarre, EHS Manager, Refrigerated Solutions Group, Hudson, WI; Rachel Koehler, Coordinator of Risk Management, Osseo Area Schools, MN
- **8:15 – 9:15 a.m.**  
**Driving Distracted — Why Are We Addicted to Our Phones?**  
**PRESENTER:** Thomas Goeltz, CEP, Senior Vice President, Brown & Brown, Minneapolis, MN
- **9:15 – 9:30 a.m. | BREAK**
- **9:30 – 11:00 a.m.**  
**Ask the Experts: Credentialing, What it Means for You?**  
**PRESENTERS:** Alanna Lee, CSP, Director EHS, Cirrus Aircraft, Duluth, MN; Tim Sanken, Director of Safety, Johnson Brothers, St. Paul, MN; Chuck Kendall, CSP, ARM, CPEA, MIS, MBA, Senior Director of Environmental, Health & Safety, CHS, Inc. Inver Grove Heights, MN
- **11:00 a.m. – 12:00 p.m.**  
**Mastering Emergency Chess: Survival Smarts for the "When" Not "If"**  
**PRESENTER:** Michael Grajeda, Director of Health and Safety, Southview Design, St. Paul, MN
- **12:00 – 1:00 p.m. | LUNCH**
- **1:00 – 3:30 p.m. | Step Inside the Track: A Look at Canterbury Park**
- **3:30 – 5:00 p.m. | RECEPTION**  
Mystic Lake Center – Prefunction Area
- **Full session descriptions available at:**  
[minnesotasafetycouncil.org/conf](https://minnesotasafetycouncil.org/conf)



### KEYNOTE THE HERO EFFECT: BEING YOUR BEST WHEN IT MATTERS THE MOST!

**PRESENTER:** Kevin Brown, *Best-selling Author and Speaker*

We are very excited Kevin Brown is kicking off our conference to entertain, shares ideas, strategies and principles that will inspire and equip all of us to show up every day and make a positive difference. At the heart of his message is a simple, yet powerful philosophy for life that drives every thought, every action and ultimately every result we achieve both personally and professionally. You will leave this session motivated to reach beyond what is required and do something remarkable!

**EXPERIENCE LEVELS:** [1] Fundamental, [2] Intermediate, [3] Advanced



**EXHIBIT HALLS OPEN**  
8:00 a.m. – 3:30 p.m.

### BREAKOUT SESSIONS 10:00 – 11:00 a.m.

#### Confined Space Entry — OUTSIDE DEMO [1]



**PRESENTER:** Dan Corrigan, *Owner, First Response Fire and Safety, Apply Valley, MN*

Many hazards exist in confined space entry, but the most dangerous situation is employers/employees not even realizing they are entering and working in one. This demonstration will utilize a confined space training trailer to show a vertical and a horizontal confined space entry. We will show you how to recognize confined spaces, the difference between permit required and non-permit required confined spaces, the permit process, atmospheric monitoring, hazard evaluation, non-entry rescue, and many other related topics that will assist you in making your employees more aware and much safer in these situations.

#### Hero Effect: A Deeper Dive [All]



**PRESENTER:** Kevin Brown, *Award-winning Author and Keynote Speaker*

Join this breakout session to take an expanded look into actionable ideas shared during the morning's keynote. A simple, yet powerful philosophy for life that drives every thought, every action and ultimately every result we achieve both personally and professionally. Reach beyond what is required and do something remarkable!

#### MNOSHA Update [All]



**PRESENTER:** James Krueger, *Director, Occupational Safety and Health Administration, MN OSHA, MN Department of Labor and Industry, St. Paul, MN*

This session will provide an overview of trends and statistics for fatalities and serious injuries in Minnesota. MNOSHA's strategic plan and several priority enforcement programs will also be discussed.

#### Road to Self-Care — Mental Health, Fatigue and Driving [All]



**PRESENTER:** Lisa Kons, *Traffic Safety and Advocacy Director, Minnesota Safety Council and Minnesota Network of Employers for Traffic Safety, St. Paul, MN*

Drivers experiencing strong emotional agitation (sadness, anger, anxiety, etc.) are 9.8 times more likely to be involved in a crash. Stressed drivers accelerate and brake more frequently and intensively than other drivers — they also often drive at high speed, overtake other vehicles, and don't stop at crosswalks. This session will review how caring and taking time for your mental health and sleep can keep you and your employees safe on the road.

#### Root Cause Analysis [2]



**PRESENTER:** Chris Seider, *CSP, PHR, CHST, ARM, Director of Health and Safety, Foth, De Pere, WI*

Are your incident reviews truly getting to root cause or are you just scraping the surface? This session will discuss key tools to help you drive your lessons learned and incident review process to true root cause leading to the right corrective actions to prevent future reoccurrence. Understand the fundamentals of root cause analysis. Understand key tools to get to root cause during investigations. Leave with key tips on how to improve incident investigation/root cause analysis within your organization.

### Safety Leadership Development [2]



**PRESENTERS:** Kyle Meinert, MBA, CSP, CRA, Principal/Director, Advisory Services and Jake Jansen, Risk Advisor, HNi Risk Services, Bloomington, MN

We all think we're fantastic leaders in our chosen field, but are we? What if you've been chosen to lead the safety front but you're not a "safety person" by trade? Join us as we discuss our experiences on true and tried tactics and explore opportunities you have as the chosen leader of your safety program to develop your safety leadership skill set.

### Six Principles for a Successful Safety Culture [2]



**PRESENTER:** Tom Slattery, Safety Director, Norfolk Iron & Metal Group, Norfolk, NE

Much like a business mission statement, having a defined set of core values for your safety program can provide a foundation to build from and the guiding focus needed to maintain alignment in your safety efforts. This session will cover six principles related to engagement, positive language and goals, and a management systems approach to safety that can form a solid foundation for your safety strategic plan.

## BREAKOUT SESSIONS 11:15 a.m. – 12:15 p.m.

### Fall Protection Awareness — OUTSIDE DEMO [1]



**PRESENTER:** Tyler Vujovich, Fall Protection Specialist, 3M, Richfield, MN

This session will focus on the importance of fall protection and all the components that make up a comprehensive fall protection system; anchor points, body support, connectors, descent and rescue, dropped object prevention, and education/training.

### Laugh for the Health of It [1]



**PRESENTERS:** Jill Johnson and Dan Johnson, Certified Laughter Yoga Leaders, Joyful Living Therapy, Sioux Falls, SD

It's been a tough couple of years. More than tough, actually. Couldn't we all use a little laughter to lighten up a little? Join us to see how laughter is the natural antidote for anxiety and stress, and also a joyful cocktail for our bodies. Raise your endorphins, lower your blood pressure, breathe deeply and learn a new, and natural coping technique for our stressful times.

### Leading a Culture of Stop Work Authority [1]



**PRESENTER:** Rob Chvatal, Vice President, Safety, Braun Intertec, Minneapolis, MN

It's common to inform employees they have the 'responsibility and authority' to apply Stop Work Authority. This session will offer ways to drive a culture ('how things actually get done around here') where employees exercise their stop work authority with confidence in a variety of circumstances.

## BREAKOUT SESSIONS 11:15 a.m. – 12:45 p.m.

### Active Threat Preparedness [1]



**PRESENTER:** Drew Moldenhauer, Professor, Master Instructor, Owner, Blue Ethos Specialized Training, Elk River, MN

This session will provide public and private entities with active threat preparedness training. The focus will be improving safety and security, preparing to handle external or internal threats, and teaching rapid response techniques using Situational Awareness. Attendees will be given tips for survival and how to read body language as well as tools to support mental preparedness to avoid anxiety.

### Cargo Securement [1]



**PRESENTER:** Rob Siemens, OSHA Authorized Outreach Trainer, President and CEO, Royal Arc Industrial Services, Flat Rock, MI

This session is designed to educate those responsible for securing loads on over the road transportation vehicles. We will review cargo securement standards based on the North American Cargo Securement Standard Model Regulations, which require motor carriers to change the way they use cargo securement to prevent shifting or falling. This discussion will also include types of load securement devices and common mistakes made when securing loads.

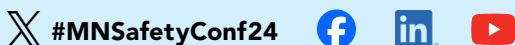
### How Wearable Safety Tech Enhances HOP Initiatives While Reducing Incidents and Claims [3]



**PRESENTER:** Tom West, SPHR, SHRM-SCP, COSS, Vice President, MakuSafe Wearable Tech, West Des Moines, IA

Safety tech with the right human-centric approach can enable HOP and safety 2.0 initiatives, better and faster. In addition, wearable safety technology, machine learning, AI and cloud computing are helping safety leaders gain valuable insight into understanding workplace risks, keeping workers safe, and mitigating hazards before incidents and claims occur. Case studies from deployments of wearables in a variety of industrial environments will be shared.

### CONNECT WITH US



## Stop Yelling at Me! How Soft Skills Make You a Better Safety Person (Part 1) [2]



**PRESENTERS:** **Todd Loushine, PhD, PE, CSP, CIH**, Associate Professor & Graduate Program Coordinator, University of Wisconsin-Whitewater, Whitewater, WI and **Jill James, MS**, OSHA Authorized Trainer, Chief Safety Officer, Host of Accidental Safety Pro Podcast, HSI, Frisco, TX

An effective safety professional must develop effective communication skills. We earn management commitment through employee engagement and nurturing a learning culture. What if we encounter a hostile or uncooperative person at work? This session will discuss how to handle hostile situations, and what we do to achieve success by controlling our approach. Attendees will be provided a toolkit that tests their experiences and resolve to improve difficult interactions at work.

## LUNCH | EXHIBIT HALLS 12:15 – 1:30 p.m.

## BREAKOUT SESSION 1:30 – 4:30 p.m.

### What Could HOP Mean to My Organization's Safety Program? Can I HOP if I'm Little? [All]



**MODERATOR:** **Paul Aasen, CEO**, Minnesota Safety Council, St. Paul, MN

Join this extended session dedicated to the topic of Human and Organizational Performance (HOP). This session brings together leading organizations from right here in Minnesota who have been on the forefront of this discussion and practice; as well as

National Safety Council experts to exchange their experiences on all aspects of Human and Organizational Performance. Panelists will share and discuss the most recent innovations, trends around this growing topic. It will also share how organizations of all sizes can put HOP principles into practice in your organization.

## BREAKOUT SESSIONS 1:30 – 2:30 p.m.

### Got Boomers? Driving Risks and Mitigating Tips for Our Seasoned Employees [All]



**PRESENTER:** **Joan Somes, PhD, RN, NRP**, Emergency Nurse Consultant and Educator, Minnesota Emergency Nurses Association, Apple Valley, MN

Aging leads to physical and cognitive changes that can affect driving ability. This session will describe these changes and how they affect driving. You will also learn several educational tips you can

incorporate into a program to share with your employees of the baby boomer age (and younger) to mitigate these changes and their risk of being injured a car crash.

### MNOSHA: Ergonomics and Warehousing [2]



**PRESENTERS:** **Breca Tschida, MSPH, CPE**, Ergonomics Supervisor; **Ron Anderson, CIH**, Health Director, Minnesota Department of Labor and Industry, St. Paul, MN

In 2023, the Minnesota Legislature passed two Minnesota OSHA statutes that impact the requirements for worker safety and ergonomics in specific industries. § MN Stat 182.677 Ergonomics and § MN Stat 182.6526 Warehouse Distribution Worker Safety are both in full effect and inspections have begun. Attend this session to understand the requirements of each of these statutes and what resources are available to assist with compliance.

### Safe Rigging Practices [1] (session ends at 3:00 p.m.)



**PRESENTER:** **Rob Siemens**, OSHA Authorized Outreach Trainer, President and CEO, Royal Arc Industrial Services, Flat Rock, MI

This session will cover proper usage of below the hook devices such as chain and wire rope slings, shackles, and eye bolts. Attendees will also learn how to employ safe lifting angles, read load calculations, acknowledge proper procedures and follow the necessary requirements to make a safe lift for both individuals and group rigging applications.

### Safety Committees [1]



**PRESENTER:** **Terry Larson, GSP**, Workplace Safety Director, Minnesota Safety Council, St. Paul, MN

A safety committee can be an effective safety program tool; an avenue for energized, successful, mission-driven employee involvement that helps lay the foundation for a safe workplace. Safety committee members act as the safety advocates becoming the liaison between workers and management. Some of the questions we'll discuss are: Does the Minnesota standard apply to me? Is this a committee meeting or a safety meeting? Who makes up our committee? And, most important, "what would you say we do here?"

### The Blunt Truth — Navigating Marijuana and Reasonable Suspicion in the Workplace [2]



**PRESENTER:** **Don Marose**, Retired Law Enforcement, President/CEO, CD Training Consultants, Lake Elmo, MN

This session will cover the physical, behavioral, speech, and performance indicators of probable alcohol misuse, cannabis, and use of controlled substances. General confrontational techniques for when drug/alcohol use is suspected will be discussed.

Workers' Compensation Claims Management [1]



PRESENTERS: Julie Banker, Senior Claims Specialist, SFM; Sarah Hunter, Vice President of Claims, SFM; Steve Scharfenberg, Assistant Chief Defense Counsel for Lynn, Scharfenberg and Hollick, Bloomington, MN



A presentation and discussion about workers' compensation claims management and complex claims management. Hear from experienced claims managers and from a lawyer experienced in strategic claims management and claim litigation.

DEDICATED EXPO TIME | 2:30 – 3:30 p.m.

BREAKOUT SESSIONS 3:30 – 4:30 p.m.

Accommodating Ill/Injured Employees [3]



PRESENTERS: John Connell, Grant Specialist Coordinator, Minnesota RETAIN, Department of Employment and Economic Development, Employment and Training Programs Division, St. Paul, MN; Dr. Clay Cowl, M.D., M.S., Division of Public Health,



Infectious Disease and Occupational Medicine, Mayo, Rochester, MN; and Samantha Westphal, MSN, RN, PHN, CLMS, Supervisor/Lead Return-to-Work Case Manager Division of Public Health, Infectious Diseases, and Occupational Medicine, RETAIN Grant, St. Paul, MN

Is your business struggling to accommodate employees with illness or injury? Are employee illnesses and injuries impacting your business? MN RETAIN is a research project and statewide program that can help reduce turnover and lost productivity, assist employees by navigating barriers within the medical system, and provide information on return-to-work services for those affected to return to work more rapidly and as soon as medically possible. Learn from the MN RETAIN team how educating providers, eliminating medical barriers, and working with employers can help you and your business.

Chronic Pain, Mental Health and Suicide: How Are These Related and What Can You Do? [2]



PRESENTERS: Melissa Gill, Owner, On-Site Solutions Physical Therapy, Maple Grove, MN and Kylie Vattauer, MS, MPH, ACSM-EP, CPH, EHS Manager, Mactac, Minneapolis, MN

Manual labor employees are at a higher risk for Musculoskeletal (MSK) injuries and pain, which can lead to chronic pain. Learn how persistent pain can relate to poor mental health, which increases the risk for suicide. We will discuss high-level preventative strategies.

Clearing the Smoke — The New Marijuana Law [2]



PRESENTER: Craig Trepanier, Shareholder Attorney, Trepanier MacGillis Battina, P.A.

Marijuana is legal in Minnesota. Many organizations have taken to updating their drug and alcohol policies and have two major questions — What is a safety-sensitive position? And how is the new law going to impact drug and alcohol testing within our organization? Join in on this conversation to learn more about marijuana in the workplace.

Human Resource Concerns When Terminating a Potentially Violent Employee [2]



PRESENTER: Ted Hayes, CSP, MSE, Senior Risk Manager, M3 Insurance, Wausau, WI

The termination of an employee can be a stressful situation for the affected employee, your human resources department, and others in your organization. A threat of violence, perceived or real, can turn the termination process into a dangerous situation quickly.

By ensuring your organization has developed a plan to address the threats of violence, the chances of a termination resulting in injury (or even death) can be minimized or eliminated. This program will address security controls to keep your staff safe before, during and after terminating an employee who displays threatening behavior.

Roadside Inspections — Are You Prepared? OUTSIDE DEMO [All]



PRESENTER: Sgt. Tomasz Krolak, Minnesota State Patrol, Mendota Heights, MN

Over the past few years there have been many changes in state and federal regulations that apply to those who deliver goods and provide transportation services in Minnesota. Come and watch the Minnesota State Patrol's Commercial Motor Vehicle section demonstrate how to be prepared for a roadside inspection.

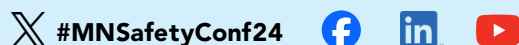
Top 10 Mistakes Employers Make During an OSHA Inspection [2]



PRESENTER: Brent Kettelkamp, Attorney, Ogletree Deakins, Minneapolis, MN

This presentation will provide safety professionals with practical tips on how to avoid potential OSHA inspection landmines and will equip professionals with best practices to assist in positive inspection outcomes.

CONNECT WITH US

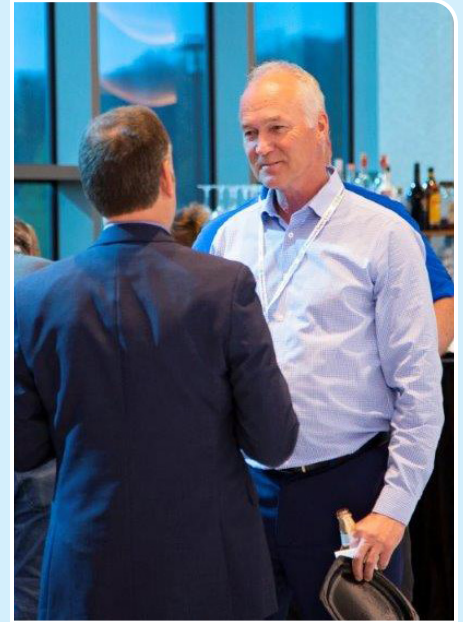


# NETWORKING RECEPTION | TUES. APRIL 30

4:30 – 6:30 p.m. | LEVEL 1 PRE-FUNCTION AREA

Plan to attend the Minnesota Safety Council Networking Reception following a full day of educational sessions. Relax and enjoy delicious hors d'oeuvres, a cash bar, entertainment from Deuces Wild Dueling Pianos, and the opportunity to connect with other conference attendees, exhibitors, and the Minnesota Safety Council team.

FEATURING:



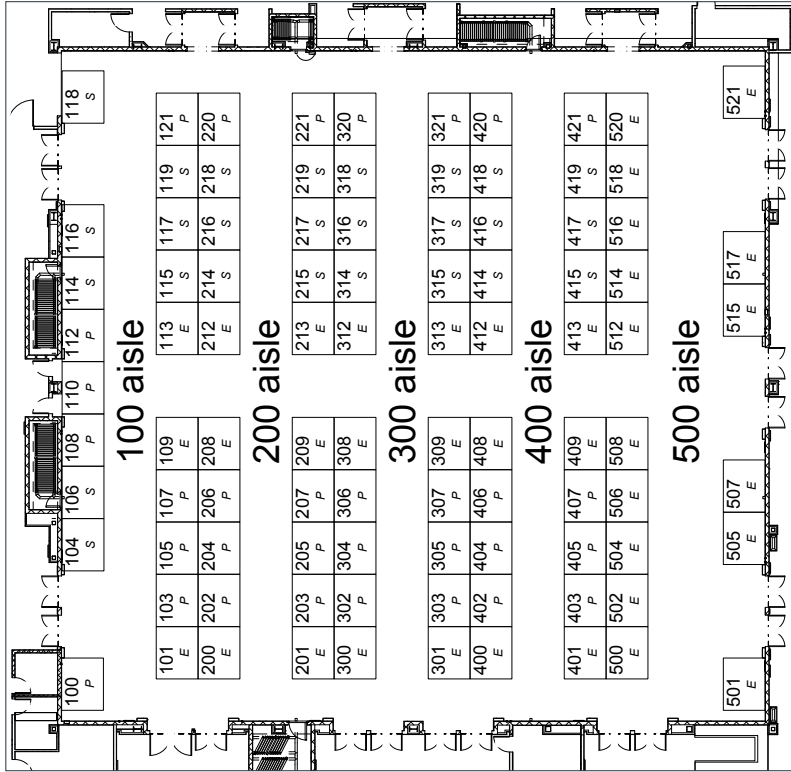
DUELING SPONSORS:



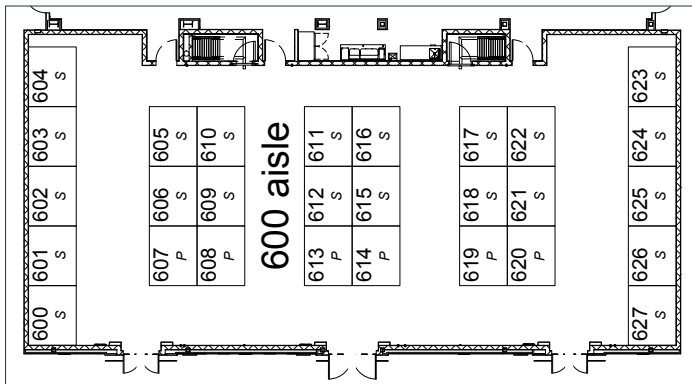
# 2024 CONFERENCE EXHIBIT HALLS

Tuesday: 8:00 a.m. – 3:30 p.m. | Wednesday: 8:00 a.m. – 3:00 p.m.

## MINNETONKA BALLROOM



## ISANTI BALLROOM



## Don't Forget to Visit the Exhibit Halls!

▶ You'll find more than 125 exhibitors — all in one place! — with practical, economical solutions to make your safety program more effective.

See page 16 for a list of 2024 exhibitors to date (updated frequently).

▶ Stop at the Minnesota Safety Council Booth.

Meet our staff, check out training options, tools and much more!

▶ Visit the refreshment stations Tuesday and Wednesday.

They are a great place to find a snack — and to connect with LOTS of friendly folks just like you!

▶ Win Door Prizes!

Drawings after lunch for first-class door prizes. If you register for the conference, you're eligible to win!!

# 2024 CONFERENCE EXHIBITORS

Tuesday: 8:00 a.m. – 3:30 p.m. | Wednesday: 8:00 a.m. – 3:00 p.m.

Our exhibitors are knowledgeable about safety and health regulations and how their products and services can help you make your safety and health programs work. Below are exhibitors registered to date. Plan now to visit two exhibit halls (Minnetonka and Isanti) when you're at the Minnesota Safety & Health Conference.

## A–B

Access Safety Specialists  
ActivePure Technologies  
Airgas  
Alleviate LLC  
ALS Environmental  
American Society of Safety Professionals (ASSP) Northwest Chapter  
Ansell  
AP Safety Training, Inc.  
Ariat International  
Atlas Technical Consultants LLC  
Bay West LLC  
Blue Ethos-Specialized Training  
Border States  
BSA, Manufacture' Representative

## C–F

ChemWatch Americas  
Cintas Corporation  
Columbia Southern University  
Cordova Safety Products  
Dalmech Manipulators  
Diversified Fall Protection  
 Draeger  
Edge PPE  
Electric Cleaner Company  
Electronic Design Company (EDC)  
Energy & Environmental Research Center  
Ergodyne  
ErgoFactor Inc.  
ErgoWorks  
Fit for Work  
Fire Protection Equipment

## G–L

Gaize  
Garlock  
Global Glove & Safety Manufacturing, Inc.  
Grainger  
Hastings Air Energy Control, Inc.  
HealthPartners Occupational & Environmental Medicine  
Huebsch Services

HyTest Safety Shoe Service  
Indiana Safety  
Industrial Scientific  
Institute for Environmental Assessment (IEA)  
Intrepid Industries Inc  
ISK Industries  
Johnson Commercial Fitness  
Kenwood/WS Communications  
Keystone Treatment Center  
KPA  
LifeLine, Inc.  
Logitrans US, Inc.

## M

3M  
Magid Glove & Safety  
Mars Supply  
Martor  
Master Lock  
Med Compass  
Midwest Special Instruments  
Minnesota Clean Cities Coalition  
Minnesota Department of Labor & Industry, Occupational Safety & Health Division (MNOSHA)  
Minnesota Department of Labor & Industry, Workplace Safety Consultation  
Minnesota Highway Safety & Research Center  
Minnesota Hoist Inspection, Inc.  
Minnesota Network of Employers for Traffic Safety (NETS)  
Minnesota Occupational Health  
Minnesota Retain  
Minnesota Safety Council  
Moldex  
MSA Safety

## N–R

National Safety Education Center  
Northern Safety LLC  
OECS–Workplace Safety Experts  
One 2 One Marketing  
Onsite Medical Service, Inc.  
On-Site Solutions Physical Therapy

Onyx Cool  
OSR Physical Therapy  
PAM Health  
Philips  
Productivity, Inc.  
ProtectEar USA, LLC  
PSS Innovations  
QTS Group  
RAECO Rents LLC  
RC Bremer  
Red Wing Shoe Company  
RESA Power Service  
Rogan's Shoes

## S–Z

Safety Engineered Systems  
Safety Rail Company  
Safewaze  
SaltCo LLC  
SATECH, Inc.  
SKC, Inc.  
Sonetics Corporation  
South Central College–Customized Workforce Education  
Superior Glove  
SureWerx  
Sustainable Workplace Alliance  
The Teehive  
Thomson Solutions Group  
TKDA  
Total Tool  
Trav's Outfitter  
TriMedia Environmental & Engineering  
TSI Incorporated  
Tyndale Enterprises, Inc.  
UL Solutions  
UniFirst First Aid + Safety  
U.S. Compliance  
Veritas Crane  
Walman Optical Safety Eyewear  
Wells Lamont Industrial  
Werner Co  
Westex: A Milliken Brand  
Ziegler Power Systems  
Zoll Medical Corporation  
*Current as of 3/14/24.*





# Visit the Minnesota Safety Council Booth

## FIND US IN THE ISANTI ROOM!



### Yes, we do that! Ask us about:

- ▶ Membership Benefits and Resources, FREE Services and information — where to find them and how to use them
- ▶ First aid training options: effective, affordable, meets OSHA requirements
- ▶ NEW Mental Health First Aid
- ▶ Workplace training and consulting — at our place or yours
- ▶ How to implement a positive traffic safety culture; and reduce the risks employees have everyday — driving
- ▶ New to Safety? Ask us about our Emerging Safety Professionals Group
- ▶ On-demand streaming video
- ▶ Networking Meetings

Stop by our booth and put us to work!



## KEYNOTE: BETWEEN THE LINES | MY SAFETY STORY

**PRESENTER:** Kellen Schmidt, *Distribution Operations Blue Hat, Xcel Energy, Shorewood, MN*

We never imagine it will happen to us. One afternoon, while sitting at a stoplight, it did. Altering a life forever. Kellen's story serves as a reminder not to take anything for granted. It sheds light on the struggles that can arise from someone's distracted actions, which can instantaneously change another person's life. Speaking from his heart and relating to each and every person sitting in the audience, Kellen will share his story. Share the work he does today to influence the actions of others.

## 90th Annual Governor's Safety Awards

The Governor's Safety Awards Program has been honoring Minnesota workplaces for excellence in safety since 1934. Join us as we recognize this year's recipients who have achieved outstanding results in safety.

EXPERIENCE LEVELS: [1] Fundamental, [2] Intermediate, [3] Advanced

**EXHIBIT HALLS OPEN**  
8:00 a.m. – 3:00 p.m.

### BREAKOUT SESSIONS 10:00 – 11:00 a.m.

#### Artificial Intelligence (AI) and the EHS Professional [3]



**PRESENTER:** Mike McCullough, *CIH, CSP, Senior Project Manager, QTS Group, Charlotte, NC*

Review of the current uses of Artificial Intelligence and other advanced technologies for improving workplace health and safety. A review of the results of research into the latest technological advances being utilized in industry to improve conditions and reduce risks. Also, some speculation and discussion about what the future may hold in this fascinating area of health and safety.

#### Emergency Recognition and Response in the Workplace [1]



**PRESENTER:** Adam Theisen, *First Aid Program Manager, Minnesota Safety Council, St. Paul, MN*

Will offer strategies for early recognition and response actions for the three primary types of workplace emergencies: medical situations; mental health crises; and substance misuse/overdoses including NARCAN/Naloxone administration.

Additionally, Adam will provide information on the training options available for these areas through the Minnesota Safety Council.

#### CONNECT WITH US



#MNSafetyConf24



#### How to Network Effectively [2]



**PRESENTER:** Jamison Harrell-Latham, *CSP, LMSS, Chief Operations Officer, The Contingent Plan, Minneapolis, MN*

This session will explain the importance of networking for EHS professionals. Also, learn tips to collaborate with other experts to help you grow and improve your personal network.

#### Lone Worker Syndrome — Who Is Watching Their Back? [1]



**PRESENTER:** Ben Wood, *JD, MS, CSP, Occupational Safety Manager, Minnesota Safety Council, St. Paul, MN*

When members of your family go out alone, do you have strategies to look after them or check in on them, or do you cross your fingers and hope for the best? With the continued trends involving independent and remote work-arrangements, as well as workforce shortages, many of our workers find themselves in situations where they are by themselves. Although this can foster a sense of independence and freedom, working alone can pose grave risk to workers who are confronted with situations where they are unable to rescue themselves. This discussion will address several lone-work situations, including "solitary," "isolated," and "unaccompanied" workers, hazards posed, considerations under OSHA, and — most importantly — strategies for organizations to watch over and protect their employees. After all, their families are entrusting you to get them back home. Are your employees fending for themselves, or do you have their backs?

#### Pain, Opioids and MSK Injuries [2]

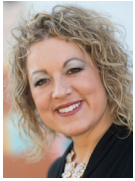


**PRESENTER:** Melissa Gill, *Owner, On-Site Solutions Physical Therapy, Maple Grove, MN*

Musculoskeletal (MSK) injuries are the primary reason for an opioid prescription. Opioids are addictive after just 3-4 days of use! What can be done to decrease the risk of MSK injuries, opioid prescription and addiction, and getting to the root cause? We will discuss the root cause of MSK injuries and how to protect your workers from unnecessary tests, medications, and increase health and wellness.

EXPERIENCE LEVELS: [1] Fundamental, [2] Intermediate, [3] Advanced

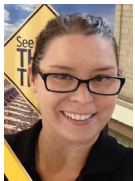
## Should I Stay or Should I Go? (Part 2 of Stop Yelling at Me) [2]



**PRESENTERS:** Todd Loushine, PhD, PE, CSP, CIH, Associate Professor & Graduate Program Coordinator, University of Wisconsin-Whitewater, Whitewater, WI and Jill James, MS, OSHA Authorized Trainer, Chief Safety Officer, Host of Accidental Safety Pro Podcast, HSI, Frisco, TX

Stop Yelling at Me attracted a lot of discussions and interest, so we created a Part 2 based on comments from attendees of our webinar. We will discuss unhealthy workplaces, how we evaluate them (and ourselves), and decide what to do about it. Attendees will be provided a worksheet and tools to help determine when it's time to leave.

## Watch for Trains! How Train Traffic Impacts Your Fleet and the Safety of Your Drivers [1]



**PRESENTER:** Sheryl Cummings, Executive Director, Minnesota Operation Lifesaver, Minneapolis, MN

What does the increase in goods being shipped by all modes of transportation, including rail, have to do with YOUR fleet and drivers? Nearly 40% of the collisions involving trains in Minnesota also involve someone who is a driver by profession. Learn how

YOU can help to ensure your team makes it home safe by knowing the rules and regulations, risks and consequences, as well as learn about free resources available.

## BREAKOUT SESSIONS 11:15 a.m. – 12:15 p.m.

### Outdoor Air Quality Alerts: What Do They Mean for Workers? [2]



**PRESENTER:** Patrick Kinney, MPH, CIH, HSSE Advisor, Stantec, Plymouth, MN

2023 was unprecedented in the Upper Midwest and Eastern United States with unhealthy air quality alerts due to Canadian wildfires. The air quality alerts generated by the Environmental Protection Agency (EPA) and Minnesota Pollution Control

Agency (MPCA) are guidance for protecting the general public. OSHA Permissible Exposure Limits (PELs), published to protect worker health, do not address wildfire smoke and include different particulate measurement methods. This presentation will compare the Air Quality Index (AQI) values and methods with OSHA PELs. Health and safety professionals will gain a better understanding of AQI and strategies to protect worker health.

### Teen Workers — Challenges with Preparing the Next Generation of Our Workforce [2]



**PRESENTER:** Ben Wood, JD, MS, CSP, Occupational Safety Manager, Minnesota Safety Council, St. Paul, MN

Did you know that over 21-million members of our workforce are 16-24 years of age, and this number increases by over 2-million each summer? And, although this age group comprises approximately

11.7% of our workforce, this group is almost twice as likely to be treated in an emergency department for work-related injuries than adult workers between 25-44 years of age. One recent U.S. study reported that 26 percent of workers under 18 years of age worked at least part of the day without an adult supervisor, and 33 percent reported not having any safety training! This session will discuss recent data on the often "overlooked" younger members of our workforce, why they are more likely to become injured on the job, strategies to protect them, and the importance of instilling a "safety mindset" within them.

### Unlocking Your Safety Strategy [2]



**PRESENTER:** Jeremy Laine, MOT, CSP, Senior Director of Safety, Target Corporation, Minneapolis, MN

Have you ever struggled with pulling all the right pieces of information and connection points into your action plan or strategy? Join this session to walk through the constructs of building a solid safety strategy for your organization. The session will include establishing the what, why, and how to build your strategy. Learn from our presenter's multiple years of safety strategy effectiveness, learning from mistakes and successes. This session includes knowledge share and active audience participation.

## BREAKOUT SESSIONS 11:15 a.m. – 12:45 p.m.

### Sharing the Road With Professional Truck Drivers — OUTSIDE DEMO [All]



**PRESENTER:** Steve Lubbert, FedEx Express, St. Paul, MN

Have you ever wondered what a professional truck driver can see out their windows or what it takes to change lanes? See for yourself from the driver's seat. Share the Road instructs drivers of all vehicles how to share the nation's roads safely. This session will provide specific information about how crashes happen, how to avoid them and how Share the Road is committed to improving driving behavior. Together we can make America's roadways safer for all drivers and their families.

### Stress Less and Recharge: Beating Burnout Before It Brutally Beats YOU [All]



**PRESENTER:** Jermaine Davis, Ph.D., Professor of Communication and Leadership, Dr. Jermaine M. Davis Seminars & Workshops, Inc., Roseville, MN

Does life and work leave you feeling drained, depleted, and overwhelmed at times? Research shows, unmanaged stress leads to burnout and burnout destroys team and organizational morale, motivation, and momentum. Would you like to learn how to stress less in the midst of constant chaos, change, uncertainty and unpredictability? This session will provide ways to develop a healthy and positive stress response style to manage burnout and create a culture of optimism and engagement.

## The Future of Safety and Health: Three Trends Shaping the Future of the Profession [2]



**PRESENTERS:** Jason Kunz, CIH, CSP, Global EHS Team + Culture Activation Lead, 3M, Saint Paul, MN and Perry Logan, PhD, CIH, Vice President, National Safety Council, Itasca, IL

Unlock a journey into the future of safety and health as we unveil

insights drawn from over 200 in-depth interviews and a decade of qualitative research. In this engaging and informative session, we will explore the dynamic landscape of the safety and health profession and reveal three transformative trends that are reshaping its trajectory. Join us as we move beyond the horizon of traditional practices and delve into the forces that will define the next era of safety, health and well-being. This session is your exclusive invitation to be at the forefront of change, armed with actionable insights, foresight and specific knowledge that will equip you to shape the future of safety and health for your organization, while understanding what's needed from you, now and moving forward.

## The Right Stuff: Filling the Pipeline with Emerging Safety Professionals [2]



**PRESENTER:** Cynthia Braun, CSP, CIT, CHMM, Paralegal, President, Owner, Braun Safety Assoc., LLC, Littleton, CO

Amazing you! As an Emerging Safety Professional, you have an open path and ample opportunity ahead to succeed. Ever wonder if you are on the right track? Ever wonder what else should I have/do to succeed?

Feel alone sometimes in those shoes? This session explores tools, topics, and skills to navigate the profession. Take a break from technical sessions of the conference to get a reality check to see the big picture, while getting a morale boost at the same time.

## LUNCH | EXHIBIT HALLS 12:15 – 1:30 p.m

## BREAKOUT SESSIONS 1:30 – 2:30 p.m.

### Contractors: Forging Strong, Safety-Based Relationships [2]



**PRESENTER:** Joe Plehal, EHS Manager, OSHA SGE, Cardinal IG, Minneapolis, MN

Workplace and contractor relationships can be testy and untrusting — both of which are completely avoidable, especially when it comes to safety! Skills, experience and examples will be offered and there will be opportunity and encouragement for attendees to share best practices and horror stories for full group discussion to address.

### Influencing Up, Down and Across Your Organization [All]



**PRESENTER:** Jermaine Davis, Professor of Communication & Leadership, Dr. Jermaine M. Davis Seminars & Workshops, Inc., Roseville MN

Do you know the secrets to influencing others at every level within your organization? Can you quickly assess a situation and adjust your message to accomplish your workplace goals? Want to learn how to get your colleagues to really listen to you when you are talking?

### Reviewing How Key NFPA 70E (2024) Changes Impact Sustainable PPE Best Practices [2]



**PRESENTER:** Scott Francis, M.S. Chemistry, Technical Sales Manager, Westex: A Milliken Brand, River Forest, IL

NFPA 70E compliance/electrical safety continues to evolve, so learn when, why and how to re-visit your organization's arc flash risk assessment. Equipment maintenance status and human error will impact risk assessment results and resultant FR/AR PPE choices.

Discover key factors that impact arc flash occurrence likelihood and learn how to improve the risk assessment to select a sustainable, best practice arc flash PPE program.

### Safety Is Not A Four Letter Word [1]



**PRESENTERS:** Wade Carrigan, CSP, ASP, CHST, STSC, OSHA Master Instructor, United Brotherhood of Carpenters and Joiners of America, St. Paul, MN and John Horak, CIT, CHST, STSC, Carpenters International Training Center, Las Vegas, NV

Safety does not have to become a negative experience. In this session, we will discuss methods to take back to the workplace to make your safety program engaging, participatory and relevant. The Recommended Practices for Safety and Health Programs document from OSHA will be discussed.

### Telling Is Not Selling: What EHS Can Learn From Sales Leaders [2]



**PRESENTER:** Jill James, MS, OSHA Authorized Trainer, Chief Safety Officer, Host of Accidental Safety Pro Podcast, HSI, Frisco, TX

Seasoned sales professionals approach conversations in a unique way — building rapport and seeking to understand before asking for commitment, purchase or behavior change. In this session, we'll be joined by a senior sales professional who will share their knowledge and experience from years of successfully deploying sales methodologies. Join us to learn how to apply five sales techniques to advance your EHS goals and initiatives.

### Warehousing and Dock Safety [1]



**PRESENTER:** Mary Bauer, CIH, CSP, Compliance Assistance Specialist, Eau Claire OSHA Office, Eau Claire, WI

What hazards are workers exposed to in the yard, at the loading docks and within the warehouse? Does an employer need to have a dock/warehouse safety program? This session will help answer these questions by focusing on the recognition of serious struck-by, caught-in and repetitive motion hazards.

**Working Together to Keep Traffic Safety a Top Priority [1]**



**PRESENTER:** Lisa Kons, *Traffic Safety and Advocacy Director, Minnesota Safety Council and Minnesota Network of Employers for Traffic Safety, St. Paul, MN*

Traffic crashes are the number one cause of worker deaths and the costliest workers' compensation injury by cause. This session will discuss the findings of the Minnesota Speed Behavior Research Study and provide new ways to reengage your employees and encourage safe driving behaviors.

**BREAKOUT SESSIONS 3:15 – 4:15 p.m.**

**ATV Safety Training: An Essential Resource for All [All]**



**PRESENTERS:** James Fogarty, *MN DNR Conservation Officer, Minnesota Dept of Natural Resources, Prior Lake, MN;* Chris Conroy, *ATV Minnesota Safety Committee Chairperson, South Metro*

*ATV Club Co-Lead Youth Safety Instructor, Minnesota DNR Trail Ambassador, Eagan, MN*

ATVs provide an exhilarating riding experience, it's crucial to recognize that they are mere machines, devoid of decision-making capabilities. The outcome of ATV usage largely hinges on the operator's actions, as these vehicles lack the ability to advise against risky behavior or highlight potential consequences. Driving an ATV is a skill, and education plays a pivotal role in ensuring ATV safety. Knowledge is a potent tool, and experience comes with practice. Learn about the rules, regulations and safety training that can make a significant difference, potentially serving as a life-saving measure.

**Be Loud. Be Safe. [2]**



**PRESENTER:** Brian Felsen, *Certified Occupational Hearing Conservationist (COHC), Chief Hearing Loss Preventionist, Your Ears Rock, Plymouth, MN*

Noise-induced hearing loss and tinnitus are the most common permanent and preventable occupational injuries in the world. Experience an ear-opening evidence based educational, motivational, training program in compliance with OSHA Standard 29 CFR 1910.95, 1926.101, 1926.52 and ensure your team is going home the same way they come to work everyday.

**Beyond the Ergonomic Assessment [2]**



**PRESENTER:** Melissa Samuels, *OT, Vice President of Global Business Development, ErgoFactor, Inc., Appleton, WI*

Many companies utilize job analysis information for ergonomics. While this is important, the use of such assessments should carry over into leave management. This session will review how to implement job analysis for return to work, pre-employment testing, job rotation, ADA Amendments Act (ADAAA), stakeholder communication and job description development — all necessary for a strong work comp management program.

**DOT Compliance and Safety Update: What You Need to Know [All]**



**PRESENTER:** Matthew Marrin, *MN Division Administrator, U.S. Department of Transportation, Federal Motor Carrier Safety Administration, St. Paul, MN*

What is the key DOT issue you and your organization are struggling with? Is it hours-of-service, drug and alcohol testing, proposed changes to driver medical qualifications? This session will provide an overview of Minnesota truck safety statistics and review the safe systems approach to eliminating crashes and fatalities within the industry.

**New Mobile Industrial Robot Safety Standards [2]**



**PRESENTERS:** Jamison Harrell-Latham, *CSP, LMSS, Chief Operations Officer, The Contingent Plan, Minneapolis, MN* and Jens Erickson, *CSP, Senior EHS Project Manager, Institute for Environmental Assessment(IEA), Brooklyn Park, MN*

Do you have or plan to implement mobile robots within your company? Attend this session to learn about ANSI's new Mobile Robot Safety Standards. We will review both ANSI/A3 R15.08 Part 1 and Part 2 standards along with insights towards drafting Part 3.

**Up on Ladder Safety [1]**



**PRESENTER:** Brent Rehberg, *Fall Protection Specialist and Co-Owner, Access Safety Specialists, LLC, Appleton, WI*

Even though the walking working standards were updated five years ago, there are still questions and confusion as to what is required for fixed ladders. This session will provide updates and requirements for fixed ladders and what fall protection is required at heights above 24ft per OSHA, as well as options for fall protection and how cages fit into the new standard.

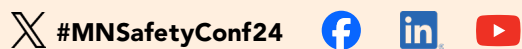
**What HAZWOPER Training Suits You? [2]**



**PRESENTER:** Dave Sublette, *CSP, Occupational Safety Manager, Minnesota Safety Council, St. Paul, MN*

If you are a cleanup site worker (e.g. Superfund site), handle hazardous waste at Treatment, Storage, or Disposal (TSD) sites, are an emergency responder, or are part of your employer's emergency spill response team, then you likely need HAZWOPER training. This session helps you decide which level of HAZWOPER training is right for you.

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