

# 2024 REGIONAL SAFETY DAYS NORTHEAST REGION

SEPTEMBER 24<sup>TH</sup>  
DULUTH, MN

DULUTH ENTERTAINMENT  
CONVENTION CENTER

- CONNECT WITH INDUSTRY EXPERTS, GAIN NEW IDEAS, ELEVATE YOUR SAFETY PROGRAM
- LEARN FROM YOUR PEERS AND EXPAND YOUR NETWORK
- ENHANCE YOUR CAREER AND EARN CEU CREDITS



MINNESOTA  
SAFETY COUNCIL  
CHAPTER OF 

DULUTH ENTERTAINMENT CONVENTION CENTER  
350 HARBOR DR, DULUTH, MN 55802  
MNSC@MNSC.ORG | 651-291-9150 (800-444-9150)

SEPTEMBER 24, 2024  
REGISTER BY TUESDAY, SEPTEMBER 17

2024 REGIONAL SAFETY DAYS  
NORTHEAST REGION

474 CONCORDIA AVE, ST PAUL, MN 55103  
MINNESOTA SAFETY COUNCIL  
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MINNESOTA SAFETY  
COUNCIL, INC.

AGENDA

7:30 AM | CHECK-IN/EXHIBITS

8:00 AM | OPENING SESSION

Outperform the Norm: Raise Your Game
Featuring Scott Welle

Today's competition is brutal and the pressure to perform can be suffocating. What are you doing to stay ahead and keep from burning out? Learn peak performance strategies used by high achievers and elite performers to take your "game" to the next level.

9:00 AM | BREAK/EXHIBITS

9:45 AM | SESSIONS

Safety Committees

Terry Larson, GSP, Workplace Safety Director, Minnesota Safety Council

A safety committee can be an effective safety program tool; an avenue for energized, successful, mission-driven employee involvement.

We'll discuss: Does the Minnesota standard apply to me? Is this a committee meeting or a safety meeting? Who makes up our committee? And, most important, "what would you say we do here?"

What is a Recovery Friendly Workplace (RFW)?

Bryan D. Schafer, Corporate Drug & Alcohol Specialists, Inc.

The adoption of RFW policies benefits businesses, employees, customers, and society at large. These benefits include a broader labor force, improved worker well-being, reduced turnover, enhanced productivity, and lower healthcare costs.

This session will review the steps of the RFW process and discuss a new collaboration with the Minnesota Department of Health and the Minnesota Safety Council that will provide the first step in the process - reasonable suspicion training to employers for free.

10:45 AM | BREAK/EXHIBITS

11:15 AM | SESSIONS

Emergency Recognition & Response In The Workplace

Adam Theisen, First Aid Program Manager, Minnesota Safety Council

Is your organization ready to recognize and respond to the three primary types of workplace emergencies: medical situations; mental health crises; and substance misuse/overdoses including NARCAN/Naloxone administration?

Join this session for strategies on early recognition and response actions.

MNOSHA: Ergonomics & Warehousing

Breca Tschida, MSPH, CPE, Ergonomics Supervisor; Ron Anderson, CIH, Health Director, Minnesota Department of Labor and Industry

In 2023, the Minnesota Legislature passed two Minnesota OSHA statutes that impact the requirements for worker safety and ergonomics in specific industries.

§ MN Stat 182.677 Ergonomics and § MN Stat 182.6526 Warehouse Distribution Worker Safety are both in full effect and inspections have begun. Attend this session to understand the requirements of each of these statutes and the resources available to assist with compliance.

12:15 PM | LUNCH

1:15 PM | SESSIONS

Fall Protection

Brent Rehberg, Fall Protection Specialist/Co-Owner, Access Safety Specialists, LLC.

This session will provide a look at fall protection harness fit and equipment inspections with some fun facts as well.

Lone Worker Syndrome: Who is Watching Their Back?

Ben Wood, JD, MS, CSP, Occupational Safety Manager, Minnesota Safety Council

With the continued trends involving independent and remote work-arrangements, as well as workforce shortages, many of our workers find themselves in situations where they are by themselves. Although this can foster a sense of independence and freedom, working alone can pose grave risk to workers who are confronted with situations where they are unable to rescue themselves.

This discussion will address several lone-work situations, including "solitary," "isolated," and "unaccompanied" workers, hazards posed, considerations under OSHA, and - most importantly - strategies for organizations to watch over and protect their employees.

2:15 PM | BREAK

2:30 PM | SESSIONS

PDA: What is it?

Beth Mayotte, OTR/L, CIEE, ErgoWorks

Physical Demand Analysis (NOT Public Displays of Affection)! This powerful document can reduce lost time, provide ergonomic recommendations, determine safety hazards, define temporary duty work, and more. Learn the components of a PDA and what you need to get started at your workplace.

NFPA 70B - Understanding the Electrical Maintenance Program (EMP) Standard

Joseph Schommer, Business Development Manager, RESA Power

Attend this session to learn how to administer safer, more reliable, and efficient electrical preventive maintenance programs at your facility.

In 2023, the National Fire Protection Association (NFPA) 70B shifted from a "Recommended Practice" to a "Standard" containing mandatory language for the development, implementation, and operation of an Electrical Maintenance Program (EMP). This new standard closely aligns with NFPA 70E Standard for Electrical Safety in the Workplace, which indicates that even if equipment is installed properly, it may not be safe to work on unless it is "properly maintained" per the manufacturer's instructions or industry consensus standards.

3:30 PM | CLOSING /PRIZES\*

Paul Aasen, CEO, Minnesota Safety Council

\*Must be present to win

Venue/lodging information available at MinnesotaSafetyCouncil.org

NETWORK IN DULUTH
Creating Connections for a Safer Tomorrow
MONDAY SEPTEMBER 23RD 2024
4:00 - 6:00 PM DULUTH ENTERTAINMENT CONVENTION CENTER
FREE to attend!
RSVP AT MINNESOTA SAFETY COUNCIL.ORG
PROFESSIONAL DEVELOPMENT COURSE
SEPTEMBER 25TH - 8:00 AM
SIGN UP FOR OUR MENTAL HEALTH FIRST AID CLASS!
REGISTER AT MINNESOTA SAFETY COUNCIL.ORG

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMAIL \_\_\_\_\_ PHONE \_\_\_\_\_

NAMES OF PARTICIPANTS
PLEASE PRINT OR TYPE \_\_\_\_\_

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CARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_ SECURITY CODE \_\_\_\_\_

SIGNATURE \_\_\_\_\_

[ ] NETWORK RECEPTION: Check here if you are attending the networking event on Monday, September 23, 2024.

[ ] ACCOMMODATIONS: Check here if, under ADA, you require special services in order to attend OR if you have medical dietary restrictions. MSC will take dietary restrictions into account but cannot guarantee that all can be accommodated.

TOTAL AMOUNT: \$ \_\_\_\_\_

REGISTER BY SEPTEMBER 17, 2024

MSC MEMBERS | \$155/PERSON

NON-MEMBERS | \$205/PERSON

GROUP DISCOUNT: Register three or more people from the same organization and receive a \$15 discount per person.

Registration includes full-day conference sessions, refreshment breaks, exhibits and lunch.

Register to attend our networking event the day before conference as well!

CONTINUING EDUCATION UNITS

Attendees may earn .5 CEUs for their participation in education sessions.