APRIL 30 & MAY 1 2024

FINAL PROGRAM & EXHIBITOR GUIDE

MINNESOTA SAFETY & HEALTH CONFERENCE

MYSTIC LAKE CENTER PRIOR LAKE, MN

VISIT THE EXHIBIT HALLS!

Tuesday, April 30: 8:00 a.m. – 3:30 p.m. Wednesday, May 1: 8:00 a.m. – 3:00 p.m.







MINNESOTA SAFETY COUNCIL

CHAPTER OF THE NATIONAL SAFETY COUNCIL

minnesotasafetycouncil.org

2024 CONFERENCE SPONSORS

DIAMOND SPONSOR



PLATINUM SPONSORS















*Lanyard Sponsor

Safety Eyewear

GOLD SPONSORS





















SILVER SPONSORS





















BRONZE SPONSORS

Access Safety Specialists | AIHA Upper Midwest Section | Celebrate Safety LLC | Danfoss General Dynamics | Huebsch Services | J.J. Keller & Associates, Inc. | 3M | Rachel Contracting | Trystar

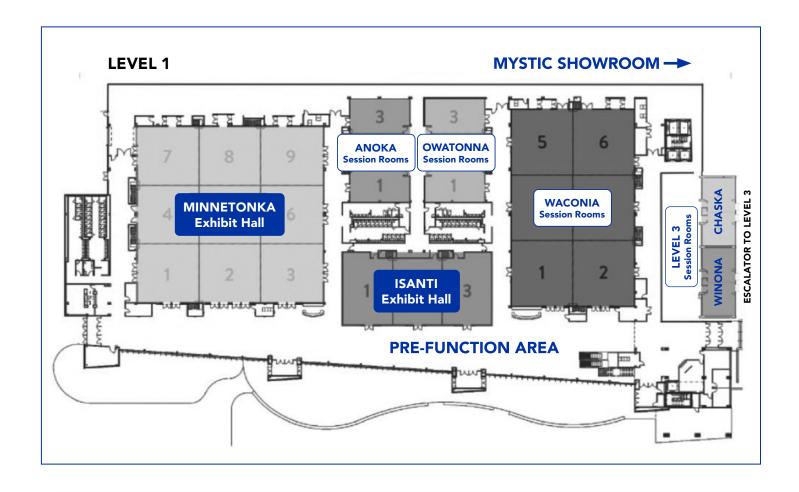
TUESDAY, APRIL 30 | CONFERENCE AT A GLANCE

TIME	SESSION	ROOM
8:00 a.m. – 3:30 p.m.	EXHIBIT HALLS OPEN	Minnetonka & Isanti Ballrooms
7:30 – 9:00 a.m.	OPENING SESSION KEYNOTE: KEVIN BROWN THE HERO EFFECT: BEING YOUR BEST WHEN IT MATTERS THE MOST!	Mystic Showroom
9:15 – 9:45 a.m.	FIRST-TIME ATTENDEE BRIEFING	Waconia I & II
BREAKOUT SESSIONS 10:00 – 11:00 a.m.	Confined Space Entry — Demo <i>OUTSIDE South Parking Lot</i>	(Backup: Chaska)
	Hero Effect: A Deeper Dive	Winona
	MNOSHA Update	Owatonna
	Road to Self-Care — Mental Health, Fatigue and Driving	Anoka III
	Root Cause Analysis	Anoka I & II
	Safety Leadership Development	Waconia V & VI
	Six Principles for a Successful Safety Culture	Waconia III & IV
BREAKOUT SESSIONS 11:15 a.m. – 12:15 p.m.	Fall Protection Awareness — Demo OUTSIDE South Parking Lot	(Backup: Chaska)
	Laugh For the Health of It	Anoka I & II
	Leading a Culture of Stop Work Authority	Waconia III & IV
BREAKOUT SESSIONS	Active Threat Preparedness	Owatonna
11:15 a.m. – 12:45 p.m.	Cargo Securement	Anoka III
	How Wearable Safety Tech Enhances HOP Initiatives While Reducing Incidents and Claims	Winona
	Stop Yelling at Me! How Soft Skills Make You a Better Safety Person (Pt. 1)	Waconia V & VI
12:15 – 1:30 p.m.	LUNCH SEATING: PRE-FUNCTION AREA + WACONIA I & II + UPPER LEVEL HALLWAY BY CHASKA/WINONA	
BREAKOUT SESSION 1:30 – 4:30 p.m.	What Could HOP Mean to My Organization's Safety Program? Can I HOP if I'm Little?	Owatonna
BREAKOUT SESSIONS 1:30 – 2:30 p.m.	Got Boomers? Driving Risks and Mitigating Tips for Our Seasoned Employees	Anoka III
	MNOSHA: Ergonomics and Warehousing	Waconia V & VI
	Safe Rigging Practices (until 3:00 p.m.)	Chaska
	Safety Committees	Waconia III & IV
	The Blunt Truth — Navigating Marijuana and Reasonable Suspicion in the Workplace	Anoka I & II
	Workers' Compensation Claims Management	Winona
BREAKOUT SESSIONS 3:30 – 4:30 p.m.	Accommodating III/Injured Employees	Anoka I & II
	Chronic Pain, Mental Health and Suicide: How Are These Related and What Can You Do?	Winona
	Clearing the Smoke — The New Marijuana Law	Waconia V & VI
	Human Resource Concerns When Terminating a Potentially Violent Employee	Chaska
	Roadside Inspections — Are You Prepared? — Demo <i>OUTSIDE South Parking Lot</i>	(Backup: Anoka III)
	Top 10 Mistakes Employers Make During an OSHA Inspection	Waconia III & IV
4:30 – 6:30 p.m.	NETWORKING RECEPTION PRE-FUNCTION AREA	

WEDNESDAY, MAY 1 | CONFERENCE AT A GLANCE

TIME	SESSION	ROOM
8:00 a.m. – 3:00 p.m.	EXHIBIT HALLS OPEN	Minnetonka & Isanti Ballrooms
7:30 – 9:00 a.m.	OPENING SESSION GOVERNOR'S SAFETY AWARDS KEYNOTE: KELLEN SCHMIDT BETWEEN THE LINES MY SAFETY STORY	Mystic Showroom
BREAKOUT SESSIONS 10:00 – 11:00 a.m.	Artificial Intelligence (AI) and the EHS Professional	Waconia V & VI
	Emergency Recognition and Response in the Workplace	Waconia III & IV
	How to Network Effectively	Winona
	Lone Worker Syndrome — Who is Watching Their Back?	Anoka I & II
	Pain, Opioids, and MSK Injuries	Chaska
	Should I Stay or Should I Go? (Part 2 of Stop Yelling at Me!)	Owatonna
	Watch For Trains! How Train Traffic Impacts Your Fleet and the Safety of Your Drivers	Anoka III
BREAKOUT SESSIONS 11:15 a.m. – 12:15 p.m.	Outdoor Air Quality Alerts: What Do They Mean for Workers?	Winona
	Teen Workers — Challenges Preparing Our Next Workforce	Anoka I & II
	Unlocking Your Safety Strategy	Waconia V & VI
BREAKOUT SESSIONS	Sharing the Road with Professional Truck Drivers — Demo OUTSIDE South Parking Lot	(Backup: Anoka III)
11:15 a.m. – 12:45 p.m.	Stress Less and Recharge: Beating Burnout Before it Brutally Beats YOU	Owatonna
	The Future of Safety & Health: Five Trends Shaping the Future of the Profession	Waconia III & IV
	The Right Stuff: Filling the Pipeline with Emerging Safety Professionals	Chaska
12:15 – 1:30 p.m.	LUNCH SEATING: PRE-FUNCTION AREA + WACONIA I & II + UPPER LEVEL HALLWAY BY CHASKA/WINONA	
BREAKOUT SESSIONS 1:30 – 2:30 p.m.	Contractors: Forging Strong, Safety Based Relationships	Chaska
	Influencing Up, Down and Across Your Organization	Waconia III & IV
	Reviewing How Key NFPA 70E (2024) Changes Impact Sustainable PPE Best Practices	Winona
	Safety is Not a Four Letter Word	Waconia V & VI
	Telling is Not Selling: What EHS Can Learn from Sales Leaders	Anoka I & II
	Warehousing and Dock Safety	Owatonna
	Working Together to Keep Traffic Safety a Top Priority	Anoka III
BREAKOUT SESSIONS 3:15 – 4:15 p.m.	ATV Safety Training: An Essential Resource for All	Winona
	Be Loud. Be Safe.	Anoka I & II
	Beyond the Ergonomic Assessment	Waconia III & IV
	DOT Compliance and Safety Update: What You Need to Know	Waconia V & VI
	New Mobile Industrial Robot Safety Standards	Anoka III
	Up on Ladder Safety	Owatonna
	What HAZWOPER Training Suits You?	Chaska

MYSTIC LAKE CENTER MAP



BOARD OF DIRECTORS MSC is dedicated to preventing injuries and saving lives.

CHAIR

Bert Flynn, Retired, Xcel Energy

INCOMING CHAIR

Steve Schoeneck, Otter Tail Power Company

VICE CHAIR

Saverio Marcario, Aveda Corporation

ASSOCIATE CHAIR

Jeffrey Jarvela, Cleveland-Cliffs Inc.

PAST CHAIR

Steven Sandilla, SFM

CHAIR EMERITUS

Jeffrey Ogden, Retired, Health Partners Dental

BOARD PRESIDENT

Paul Aasen, Minnesota Safety Council

VICE PRESIDENT – FINANCE

Deb Nistler, Etterman Enterprises

VICE PRESIDENTS

Katharine Bonneson, University of Minnesota

Phillip Jensen, Chubb Insurance

DIRECTORS

Kevin Belfanz, MCIT

Ryan Vieau, Tailing LLC

Molly Coskran, Heed Environmental Health LLC/AIHA Upper Midwest Local Section

Karen Cuta, 3M

Garrett Doucette, Anderson Custom Processing, Inc.

Mark Friske, The Sherwin-Williams Company

Chuck Kendall, CHS, Inc.

Alanna Lee, Cirrus Aircraft

Nicole Blissenbach, Minnesota Department of Labor & Industry

Josh Skelton, Minnesota Power An ALLETE Company

Nate Snyder, Red Wing Brands of America, Inc.

Scott Sainsbury, CenterPoint Energy







MINNESOTA SAFETY COUNCIL

474 Concordia Ave, Saint Paul, MN 55103 651-291-9150/800-444-9150

minnesotasafetycouncil.org

The Minnesota Safety Council is a private non-profit organization supported through membership, training, donations and grants.

OPENING SESSION 7:30 – 9:00 a.m.



KEYNOTE: THE HERO EFFECT: BEING YOUR BEST WHEN IT MATTERS THE MOST! Mystic Showroom

PRESENTER: Kevin Brown, Best-selling Author and Speaker

We are very excited Kevin Brown is kicking off our conference to entertain, shares ideas, strategies and principles that will inspire and equip all of us to show up every day and make a positive difference. At the heart of his message is a simple, yet powerful philosophy for life that drives every thought, every action and ultimately every result we achieve both personally and professionally. You will leave this session motivated to reach beyond what is required and do something remarkable!

EXPERIENCE LEVELS: [1] Fundamental, [2] Intermediate, [3] Advanced

EXHIBIT HALLS OPEN | 8:00 a.m. – 3:30 p.m. Minnetonka & Isanti Ballrooms

First-Time Attendee Briefing | 9:15 – 9:45 a.m. Waconia I & II

Are you a first-time conference attendee? Join us for a special meet and greet to connect with other newbies, staff, and volunteers. Get your questions answered and tips to help maximize your Minnesota Safety & Health Conference experience.

BREAKOUT SESSIONS 10:00 – 11:00 a.m.

Confined Space Entry — DEMO OUTSIDE South Parking Lot [1] Chaska



PRESENTER: Dan Corrigan, Owner, First Response Fire and Safety, Apple Valley, MN

Many hazards exist in confined space entry, but the most dangerous situation is employers/employees not even realizing they are entering and working in one. This demonstration will utilize a confined space training trailer to show a vertical and a horizontal confined

space entry. We will show you how to recognize confined spaces, the difference between permit required and non-permit required confined spaces, the permit process, atmospheric monitoring, hazard evaluation, non-entry rescue, and many other related topics that will assist you in making your employees more aware and much safer in these situations.

Hero Effect: A Deeper Dive [All] Winona



PRESENTER: Kevin Brown, Award-winning Author and Keynote Speaker

Join this breakout session to take an expanded look into actionable ideas shared during the morning's keynote. A simple, yet powerful philosophy for life that drives every thought, every action and ultimately every result we achieve both personally and professionally. Reach beyond what is required and do something remarkable!

MNOSHA Update [All] Owatonna



PRESENTER: James Krueger, Director, Occupational Safety and Health Administration, MN OSHA, MN Department of Labor and Industry, St. Paul, MN

This session will provide an overview of trends and statistics for fatalities and serious injuries in Minnesota. MNOSHA's strategic plan and several priority enforcement programs will also be discussed.

Road to Self-Care — Mental Health, Fatigue and Driving [All] Anoka III



PRESENTER: Lisa Kons, Traffic Safety and Advocacy Director, Minnesota Safety Council and Minnesota Network of Employers for Traffic Safety, St. Paul, MN

Drivers experiencing strong emotional agitation (sadness, anger, anxiety, etc.) are 9.8 times more likely to be involved in a crash. Stressed drivers accelerate and brake more frequently and intensively

than other drivers — they also often drive at high speed, overtake other vehicles, and don't stop at crosswalks. This session will review how caring and taking time for your mental health and sleep can keep you and your employees safe on the road.

Root Cause Analysis [2] Anoka I & II



PRESENTER: Chris Seider, CSP, PHR, CHST, ARM, Director of Health and Safety, Foth, De Pere, WI

Are your incident reviews truly getting to root cause or are you just scraping the surface? This session will discuss key tools to help you drive your lessons learned and incident review process to true root cause leading to the right corrective actions to

prevent future reoccurrence. Understand the fundamentals of root cause analysis. Understand key tools to get to root cause during investigations. Leave with key tips on how to improve incident investigation/root cause analysis within your organization.

TUESDAY, APRIL 30

Safety Leadership Development [2] Waconia V & VI





PRESENTERS: Kyle Meinert, MBA, CSP, CRA, Principal/Director, Advisory Services and Jake Jansen, Risk Advisor, Acrisure Midwest, Bloomington, MN

We all think we're fantastic leaders in our chosen field, but are we? What if you've been chosen to lead the

safety front but you're not a "safety person" by trade? Join us as we discuss our experiences on true and tried tactics and explore opportunities you have as the chosen leader of your safety program to develop your safety leadership skill set.

Six Principles for a Successful Safety Culture [2] Waconia III & IV



PRESENTER: Tom Slattery, Safety Director, Norfolk Iron & Metal Group, Norfolk, NE

Much like a business mission statement, having a defined set of core values for your safety program can provide a foundation to build from and the guiding focus needed to maintain alignment in your safety efforts. This season will cover six principles

related to engagement, positive language and goals, and a management systems approach to safety that can form a solid foundation for your safety strategic plan.

BREAKOUT SESSIONS 11:15 a.m. – 12:15 p.m.

Fall Protection Awareness — DEMO OUTSIDE South Parking Lot [1] Chaska



PRESENTER: Tyler Vujovich, Fall Protection Specialist, 3M, Richfield, MN

This session will focus on the importance of fall protection and all the components that make up a comprehensive fall protection system; anchor points, body support, connectors, descent and rescue, dropped object prevention, and education/training.

Laugh for the Health of It [1] Anoka I & II





PRESENTERS: Jill Johnson and Dan Johnson, Certified Laughter Yoga Leaders, Joyful Living Therapy, Sioux Falls, SD

It's been a tough couple of years. More than tough, actually. Couldn't we all use a little laughter to lighten up a

little? Join us to see how laughter is the natural antidote for anxiety and stress, and also a joyful cocktail for our bodies. Raise your endorphins, lower your blood pressure, breathe deeply and learn a new, and natural coping technique for our stressful times.

CONNECT WITH US











Leading a Culture of Stop Work Authority [1] Waconia III & IV



PRESENTER: Rob Chvatal, Vice President, Safety, Braun Intertec, Minneapolis, MN

It's common to inform employees they have the 'responsibility and authority' to apply Stop Work Authority. This session will offer ways to drive a culture ('how things actually get done around here') where employees exercise their stop work authority with confidence in a variety of circumstances.

BREAKOUT SESSIONS 11:15 a.m. – 12:45 p.m.

Active Threat Preparedness [1] Owatonna



PRESENTER: Drew Moldenhauer, Professor, Master Instructor, Owner, Blue Ethos Specialized Training, Elk River, MN

This session will provide public and private entities with active threat preparedness training. The focus will be improving safety and security, preparing to handle external or internal threats, and teaching

rapid response techniques using Situational Awareness. Attendees will be given tips for survival and how to read body language as well as tools to support mental preparedness to avoid anxiety.

Cargo Securement [1] Anoka III



PRESENTER: Rob Siemens, OSHA Authorized Outreach Trainer, President and CEO, Royal Arc Industrial Services, Flat Rock, MI

This session is designed to educate those responsible for securing loads on over the road transportation vehicles. We will review cargo securement standards based on the North American Cargo Securement

Standard Model Regulations, which require motor carriers to change the way they use cargo securement to prevent shifting or falling. This discussion will also include types of load securement devices and common mistakes made when securing loads.

How Wearable Safety Tech Enhances HOP Initiatives While Reducing Incidents and Claims [3] Winona



PRESENTER: Tom West, SPHR, SHRM-SCP, COSS, Vice President, MakuSafe Wearable Tech, West Des Moines, IA

Safety tech with the right human-centric approach can enable HOP and safety 2.0 initiatives, better and faster. In addition, wearable safety technology, machine learning, AI and cloud computing are

helping safety leaders gain valuable insight into understanding workplace risks, keeping workers safe, and mitigating hazards before incidents and claims occur. Case studies from deployments of wearables in a variety of industrial environments will be shared.

TUESDAY, APRIL 30

Stop Yelling at Me! How Soft Skills Make You a Better Safety Person (Part 1) [2] Waconia V & VI





PRESENTERS: Todd Loushine, PhD, PE, CSP, CIH, Associate Professor & Graduate Program Coordinator, University of Wisconsin-Whitewater, Whitewater, WI and Jill James, MS, OSHA Authorized Trainer, Chief Safety Officer, Host of Accidental Safety Pro Podcast, HSI, Frisco, TX

An effective safety professional must develop effective communication skills. We earn management commitment through employee engagement and nurturing a learning culture. What if we encounter a hostile or uncooperative person at work? This session will discuss how to handle hostile situations, and what we do to achieve success by controlling our approach. Attendees will be provided a toolkit that tests their experiences and resolve to improve difficult interactions at work.

LUNCH | EXHIBIT HALLS | 12:15 - 1:30 p.m.

LUNCH SEATING: Pre-Function Area + Waconia I & II + Upper Level Hallway by Chaska/Winona

BREAKOUT SESSION 1:30 – 4:30 p.m.

What Could HOP Mean to My Organization's Safety Program? Can I HOP if I'm Little? [All] **Owatonna**



MODERATOR: Paul Aasen, CEO, Minnesota Safety Council, St. Paul, MN Join this extended session dedicated to the topic of Human and Organizational Performance (HOP). This session brings together leading organizations from right here in Minnesota who have been

on the forefront of this discussion and practice; as well as National Safety Council experts to exchange their experiences on all aspects of Human and Organizational Performance. Panelists will share and discuss the most recent innovations, trends around this growing topic. It will also share how organizations of all sizes can put HOP principles into practice in your organization.

BREAKOUT SESSIONS 1:30 – 2:30 p.m.

Got Boomers? Driving Risks and Mitigating Tips for Our Seasoned Employees [All] Anoka III



PRESENTER: Joan Somes, PhD, RN, NRP, Emergency Nurse Consultant and Educator, Minnesota Emergency Nurses Association, Apple Valley, MN

Aging leads to physical and cognitive changes that can affect driving ability. This session will describe these changes and how they affect driving. You will also learn several educational tips you can

incorporate into a program to share with your employees of the baby boomer age (and younger) to mitigate these changes and their risk of being injured a car crash.

MNOSHA: Ergonomics and Warehousing [2] Waconia V & VI



PRESENTERS: Breca Tschida, MSPH, CPE, Ergonomics Supervisor; Ron Anderson, CIH, Health Director, Minnesota Department of Labor and Industry, St. Paul, MN

In 2023, the Minnesota Legislature passed two Minnesota OSHA statutes that impact the requirements for worker safety and ergonomics in specific industries. § MN Stat 182.677 Ergonomics and § MN Stat 182.6526 Warehouse Distribution Worker Safety are both in full effect and inspections have begun. Attend this session to understand the requirements of each of these statutes and what resources are available to assist with compliance.

Safe Rigging Practices [1] (session ends at 3:00 p.m.) Chaska



PRESENTER: Rob Siemens, OSHA Authorized Outreach Trainer, President and CEO, Royal Arc Industrial Services, Flat Rock, MI

This session will cover proper usage of below the hook devices such as chain and wire rope slings, shackles, and eye bolts. Attendees will also learn how to employ safe lifting angles, read load

calculations, acknowledge proper procedures and follow the necessary requirements to make a safe lift for both individuals and group rigging applications.

Safety Committees [1] Waconia III & IV



PRESENTER: Terry Larson, GSP, Workplace Safety Director, Minnesota Safety Council, St. Paul, MN

A safety committee can be an effective safety program tool; an avenue for energized, successful, mission-driven employee involvement that helps lay the foundation for a safe workplace. Safety committee members act as the safety advocates

becoming the liaison between workers and management. Some of the questions we'll discuss are: Does the Minnesota standard apply to me? Is this a committee meeting or a safety meeting? Who makes up our committee? And, most important, "what would you say we do here?"

TUESDAY, APRIL 30

The Blunt Truth — Navigating Marijuana and Reasonable Suspicion in the Workplace [2] Anoka I & II



PRESENTER: Don Marose, Retired Law Enforcement, President/CEO, CD Training Consultants, Lake Flmo. MN

This session will cover the physical, behavioral, speech, and performance indicators of probable alcohol misuse, cannabis, and use of controlled substances. General confrontational techniques for when drug/alcohol use is suspected will be discussed.

Workers' Compensation Claims Management [1] Winona





PRESENTERS: Julie Banker, Senior Claims Specialist, SFM; Sarah Hunter, Vice President of Claims, SFM; Steve Scharfenberg, Assistant Chief Defense Counsel for Lynn, Scharfenberg and Hollick, Bloomington, MN



A presentation and discussion about workers' compensation claims management and complex claims management. Hear from experienced claims managers and from a lawyer experienced in strategic claims management and claim litigation.

DEDICATED EXPO TIME | 2:30 - 3:30 p.m.

BREAKOUT SESSIONS 3:30 – 4:30 p.m.

Accommodating III/Injured Employees [3] Anoka I & II





PRESENTERS: John Connell, Grant Specialist Coordinator, Minnesota RETAIN, Department of Employment and Economic Development, Employment and Training Programs Division, St. Paul, MN; Dr. Clay Cowl, M.D., M.S., Division of Public Health,



Infectious Disease and Occupational Medicine, Mayo, Rochester, MN; and Samantha Westphal, MSN, RN, PHN, CLMS, Supervisor/Lead Returnto-Work Case Manager Division of Public Health, Infectious Diseases, and Occupational Medicine, RETAIN Grant, St. Paul, MN

Is your business struggling to accommodate employees with illness or injury? Are employee illnesses and injuries impacting your business? MN RETAIN is a research project and statewide program that can help reduce turnover and lost productivity, assist employees by navigating barriers within the medical system, and provide information on return-to-work services for those affected to return to work more rapidly and as soon as medically possible. Learn from the MN RETAIN team how educating providers, eliminating medical barriers, and working with employers can help you and your business.

Chronic Pain, Mental Health and Suicide: How Are These Related and What Can You Do? [2] Winona





PRESENTERS: Melissa Gill, Owner, On-Site Solutions Physical Therapy, Maple Grove, MN and Kylie Vatthauer, MS, MPH, ACSM-EP, CPH, EHS Manager, Mactac, Minneapolis, MN

Manual labor employees are at a higher risk for Musculoskeletal (MSK)

injuries and pain, which can lead to chronic pain. Learn how persistent pain can relate to poor mental health, which increases the risk for suicide. We will discuss high-level preventative strategies.

Clearing the Smoke — The New Marijuana Law [2] Waconia V & VI



PRESENTER: Craig Trepanier, Shareholder Attorney, Trepanier MacGillis Battina, P.A., Minneapolis, MN

Marijuana is legal in Minnesota. Many organizations have taken to updating their drug and alcohol policies and have two major questions — What is a safety-sensitive position? And how is the new law going to impact drug and alcohol testing within our organization? Join in

on this conversation to learn more about marijuana in the workplace.

Human Resource Concerns When Terminating a Potentially Violent Employee [2] Chaska



PRESENTER: Ted Hayes, CSP, MSE, Senior Risk Manager, M3 Insurance, Wausau, WI

The termination of an employee can be a stressful situation for the affected employee, your human resources department, and others in your organization. A threat of violence, perceived or real, can turn the termination process into a dangerous situation quickly.

By ensuring your organization has developed a plan to address the threats of violence, the chances of a termination resulting in injury (or even death) can be minimized or eliminated. This program will address security controls to keep your staff safe before, during and after terminating an employee who displays threatening behavior.

Roadside Inspections — Are You Prepared? DEMO OUTSIDE South Parking Lot [All] Anoka III



PRESENTER: **Sgt. Tomasz Krolak**, *Minnesota State Patrol, Mendota Heights, MN*

Over the past few years there have been many changes in state and federal regulations that apply to those who deliver goods and provide transportation services in Minnesota. Come and watch the Minnesota State

Patrol's Commercial Motor Vehicle section demonstrate how to be prepared for a roadside inspection.

Top 10 Mistakes Employers Make During an OSHA Inspection [2] Waconia III & IV



PRESENTER: Brent Kettelkamp, Attorney, Ogletree Deakins, Minneapolis, MN

This presentation will provide safety professionals with practical tips on how to avoid potential OSHA inspection landmines and will equip professionals with best practices to assist in positive inspection outcomes.

OPENING SESSION 7:30 – 9:00 a.m.



KEYNOTE: BETWEEN THE LINES | MY SAFETY STORY

Mystic Showroom

PRESENTER: Kellen Schmidt, Distribution Operations Blue Hat, Xcel Energy, Shorewood, MN

We never imagine it will happen to us. One afternoon, while sitting at a stoplight, it did. Altering a life forever. Kellen's story serves as a reminder not to take anything for granted. It sheds light on the struggles that can arise from someone's distracted actions, which can instantaneously change another person's life. Speaking from his heart and relating to each and every person sitting in the audience, Kellen will share his story and the work he does today to influence the actions of others.

90th Annual Governor's Workplace Safety Awards

The Governor's Workplace Safety Awards Program has been honoring Minnesota workplaces for excellence in safety since 1934. Join us as we recognize this year's recipients who have achieved outstanding results in safety.

EXPERIENCE LEVELS: [1] Fundamental, [2] Intermediate, [3] Advanced

EXHIBIT HALLS OPEN | 8:00 a.m. - 3:00 p.m. Minnetonka & Isanti Ballrooms

BREAKOUT SESSIONS 10:00 - 11:00 a.m.

Artificial Intelligence (AI) and the EHS Professional [3] Waconia V & VI



PRESENTER: Mike McCullough, CIH, CSP, Senior Project Manager, QTS Group, Charlotte, NC

Review of the current uses of Artificial Intelligence and other advanced technologies for improving workplace health and safety. A review of the results of research into the latest technological advances being utilized in industry to improve conditions and

reduce risks. Also, some speculation and discussion about what the future may hold in this fascinating area of health and safety.

Emergency Recognition and Response in the Workplace [1] Waconia III & IV



PRESENTER: Adam Theisen, First Aid Program Manager, Minnesota Safety Council, St. Paul, MN Will offer strategies for early recognition and response actions for the three primary types of workplace emergencies: medical situations; mental health crises; and substance misuse/overdoses including NARCAN/Naloxone administration.

CONNECT WITH US











How to Network Effectively [2] Winona



PRESENTER: Jamison Harrell-Latham, CSP, LMSS, Chief Operations Officer, The Contingent Plan, Minneapolis, MN

This session will explain the importance of networking for EHS professionals. Also, learn interactive tips to collaborate with other experts to help you grow and improve your personal network.

Lone Worker Syndrome — Who Is Watching Their Back? [1] Anoka I & II



PRESENTER: Ben Wood, JD, MS, CSP, Occupational Safety Manager, Minnesota Safety Council, St. Paul, MN

When members of your family go out alone, do you have strategies to look after them or check in on them, or do you cross your fingers and hope for the best? With the continued trends involving independent and remote work-arrangements, as well as workforce

shortages, many of our workers find themselves in situations where they are by themselves. Although this can foster a sense of independence and freedom, working alone can pose grave risk to workers who are confronted with situations where they are unable to rescue themselves. This discussion will address several lone-work situations, including "solitary," "isolated," and "unaccompanied" workers, hazards posed, considerations under OSHA, and — most importantly — strategies for organizations to watch over and protect their employees. Afterall, their families are entrusting you to get them back home. Are your employees fending for themselves, or do you have their backs?

Pain, Opioids and MSK Injuries [2] Chaska



PRESENTER: Melissa Gill, Owner, On-Site Solutions Physical Therapy, Maple Grove, MN

Musculoskeletal (MSK) injuries are the primary reason for an opioid prescription. Opioids are addictive after just 3-4 days of use! What can be done to decrease the risk of MSK injuries, opioid prescription and addiction, and getting to the root cause? We will discuss the

root cause of MSK injuries and how to protect your workers from unnecessary tests, medications, and increase health and wellness.

Should I Stay or Should I Go? (Part 2 of Stop Yelling at Me) [2] Owatonna





PRESENTERS: Todd Loushine, PhD, PE, CSP, CIH, Associate Professor & Graduate Program Coordinator, University of Wisconsin-Whitewater, Whitewater, WI and Jill James, MS, OSHA Authorized Trainer, Chief Safety Officer, Host of Accidental Safety Pro Podcast, HSI, Frisco, TX

Stop Yelling at Me attracted a lot of discussions and interest, so we created a Part 2 based on comments from attendees of our webinar. We will discuss unhealthy workplaces, how we evaluate them (and ourselves), and decide what to do about it. Attendees will be provided a worksheet and tools to help determine when it's time to leave.

Watch for Trains! How Train Traffic Impacts Your Fleet and the Safety of Your Drivers [1] Anoka III





PRESENTERS: Brenda K. Rivera, MPA, Director, Contract Compliance, Progressive Rail Inc., Lakeville, MN and Scott Post, Spartan Logistics, a Contracted Service Provider for Federal Express Corporation, Mahtomedi, MN What does the increase in goods being

shipped by all modes of transportation, including rail, have to do with YOUR fleet and drivers? Nearly 40% of the collisions involving trains in Minnesota also involve someone who is a driver by profession. Learn how YOU can help to ensure your team makes it home safe by knowing the rules and regulations, risks and consequences, as well as learn about free resources available.

BREAKOUT SESSIONS 11:15 a.m. – 12:15 p.m.

Outdoor Air Quality Alerts: What Do They Mean for Workers? [2] Winona



PRESENTER: Patrick Kinney, MPH, CIH, HSSE Advisor, Stantec, Plymouth, MN

2023 was unprecedented in the Upper Midwest and Eastern United States with unhealthy air quality alerts due to Canadian wildfires. The air quality alerts generated by the Environmental Protection Agency (EPA) and Minnesota Pollution Control Agency (MPCA) are

guidance for protecting the general public. OSHA Permissible Exposure Limits (PELs), published to protect worker health, do not address wildfire smoke and include different particulate measurement methods. This presentation will compare the Air Quality Index (AQI) values and methods with OSHA PELs. Health and safety professionals will gain a better understanding of AQI and strategies to protect worker health.

Teen Workers — Challenges with Preparing the Next Generation of Our Workforce [2] Anoka I & II



PRESENTER: Ben Wood, JD, MS, CSP, Occupational Safety Manager, Minnesota Safety Council, St. Paul, MN

Did you know that over 21-million members of our workforce are 16-24 years of age, and this number increases by over 2-million each summer? And, although this age group comprises approximately

11.7% of our workforce, this group is almost twice as likely to be treated in an emergency department for work-related injuries than adult workers between 25-44 years of age. One recent U.S. study reported that 26 percent of workers under 18 years of age worked at least part of the day without an adult supervisor, and 33 percent reported not having any safety training! This session will discuss recent data on the often "overlooked" younger members of our workforce, why they are more likely to become injured on the job, strategies to protect them, and the importance of instilling a "safety mindset" within them.

Unlocking Your Safety Strategy [2] Waconia V & VI



PRESENTER: Jeremy Laine, MOT, CSP, Senior Director of Safety, Target Corporation, Minneapolis, MN

Have you ever struggled with pulling all the right pieces of information and connection points into your action plan or strategy? Join this session to walk through the constructs of building a solid safety strategy for your organization. The session will

include establishing the what, why, and how to build your strategy. Learn from our presenter's multiple years of safety strategy effectiveness, learning from mistakes and successes. This session includes knowledge share and active audience participation.

BREAKOUT SESSIONS 11:15 a.m. - 12:45 p.m.

Sharing the Road With Professional Truck Drivers — DEMO OUTSIDE South Parking Lot [All] Anoka III



PRESENTER: **Steve Lubbert**, FedEx Express, St. Paul, MN

Have you ever wondered what a professional truck driver can see out their windows or what it takes to change lanes? See for yourself from the driver's seat. Share the Road instructs drivers of all vehicles how to share the nation's roads safely. This session

will provide specific information about how crashes happen, how to avoid them and how Share the Road is committed to improving driving behavior. Together we can make America's roadways safer for all drivers and their families.

Stress Less and Recharge: Beating Burnout Before It Brutally Beats YOU [All] Owatonna



PRESENTER: Jermaine Davis, Ph.D., Professor of Communication and Leadership, Dr. Jermaine M. Davis Seminars & Workshops, Inc., Roseville, MN

Does life and work leave you feeling drained, depleted, and overwhelmed at times? Research shows, unmanaged stress leads to burnout and burnout destroys team and organizational morale,

motivation, and momentum. Would you like to learn how to stress less in the midst of constant chaos, change, uncertainty and unpredictability? This session will provide ways to develop a healthy and positive stress response style to manage burnout and create a culture of optimism and engagement.

The Future of Safety and Health: Five Trends Shaping the Future of the Profession [2] Waconia III & IV





PRESENTERS: Jason Kunz, CIH, CSP, Global EHS Team + Culture Activation Lead, 3M, Saint Paul, MN and Perry Logan, PhD, CIH, Vice President, National Safety Council, Itasca, IL

Unlock a journey into the future of safety and health as we unveil insights

drawn from over 300 in-depth interviews and a decade of qualitative research. In this engaging and informative session, we will explore the dynamic landscape of the safety and health profession and reveal five trends that are reshaping its trajectory. Join us as we move beyond the horizon of traditional practices and delve into the forces that will define the next era of safety, health, and well-being. With a unique vantage point, we'll examine how emerging technologies, evolving work environments, and shifting societal paradigms are converging to create new opportunities and unique challenges. This session is your exclusive invitation to be at the forefront of change, armed with actionable insights, foresight, and tangible tools that will equip you to shape the future of safety and health for your organization, while understanding what's needed from you, now and moving forward.

The Right Stuff: Filling the Pipeline with Emerging Safety Professionals [2] Chaska



PRESENTER: Cynthia Braun, CSP, CIT, CHMM, Paralegal, President, Owner, Braun Safety Assoc., LLC, Littleton, CO

Amazing you! As an Emerging Safety Professional, you have an open path and ample opportunity ahead to succeed. Ever wonder if you are on the right track? Ever wonder what else should I have/do to succeed?

Feel alone sometimes in those shoes? This session explores tools, topics, and skills to navigate the profession. Take a break from technical sessions of the conference to get a reality check to see the big picture, while getting a morale boost at the same time.

LUNCH | EXHIBIT HALLS | 12:15 – 1:30 p.m.

LUNCH SEATING: Pre-Function Area + Waconia I & II + Upper Level Hallway by Chaska/Winona

BREAKOUT SESSIONS 1:30 - 2:30 p.m.

Contractors: Forging Strong, Safety-Based Relationships [2] Chaska



PRESENTER: Joe Plehal, EHS Manager, OSHA SGE, Cardinal IG, Minneapolis, MN

Workplace and contractor relationships can be testy and untrusting — both of which are completely avoidable, especially when it comes to safety! Skills, experience and examples will be offered and there will be opportunity and encouragement for attendees to share best practices and horror stories for full group discussion to address.

Influencing Up, Down and Across Your Organization [All] Waconia III & IV



PRESENTER: Jermaine Davis, Professor of Communication & Leadership, Dr. Jermaine M. Davis Seminars & Workshops, Inc., Roseville MN

Do you know the secrets to influencing others at every level within your organization? Can you quickly assess a situation and adjust your message to accomplish your workplace goals? Want to learn how to get your colleagues to really listen to you when you are talking?

Reviewing How Key NFPA 70E (2024) Changes Impact Sustainable PPE Best Practices [2] Winona



PRESENTER: Scott Francis, M.S. Chemistry, Technical Sales Manager, Westex: A Milliken Brand, River Forest, IL

NFPA 70E compliance/electrical safety continues to evolve, so learn when, why and how to re-visit your organization's arc flash risk assessment. Equipment maintenance status and human error will impact risk assessment results and resultant FR/AR PPE choices.

Discover key factors that impact arc flash occurrence likelihood and learn how to improve the risk assessment to select a sustainable, best practice arc flash PPE program.

Safety Is Not A Four Letter Word [1] Waconia V & VI





PRESENTERS: Wade Carrigan, CSP, ASP, CHST, STSC, OSHA Master Instructor, United Brotherhood of Carpenters and Joiners of America, St. Paul, MN and John Horak, CIT, CHST, STSC, Carpenters International Training Center, Las Vegas, NV

Safety does not have to become a negative experience. In this session, we will discuss methods to take back to the workplace to make your safety program engaging, participatory and relevant. The Recommended Practices for Safety and Health Programs document from OSHA will be discussed.

Telling Is Not Selling: What EHS Can Learn From Sales Leaders [2] Anoka I & II



PRESENTER: Jill James, MS, OSHA Authorized Trainer, Chief Safety Officer, Host of Accidental Safety Pro Podcast, HSI, Frisco, TX

Seasoned sales professionals approach conversations in a unique way — building rapport and seeking to understand before asking for commitment, purchase or behavior change. In this session, we'll be joined by a senior sales

professional who will share their knowledge and experience from years of successfully deploying sales methodologies. Join us to learn how to apply five sales techniques to advance your EHS goals and initiatives.

Warehousing and Dock Safety [1] Owatonna



PRESENTER: Mary Bauer, CIH, CSP, Compliance Assistance Specialist, Eau Claire OSHA Office, Eau Claire, WI

What hazards are workers exposed to in the yard, at the loading docks and within the warehouse? Does an employer need to have a dock/warehouse safety program? This session will help answer

these questions by focusing on the recognition of serious struck-by, caught-in and repetitive motion hazards.

Working Together to Keep Traffic Safety a Top Priority [1] Anoka III



PRESENTER: Lisa Kons, Traffic Safety and Advocacy Director, Minnesota Safety Council and Minnesota Network of Employers for Traffic Safety, St. Paul, MN

Traffic crashes are the number one cause of worker deaths and the costliest workers' compensation injury by cause. This session will discuss the findings of the Minnesota Speed Behavior Research Study and provide new ways to reengage your employees and encourage safe driving behaviors.

BREAKOUT SESSIONS 3:15 – 4:15 p.m.

ATV Safety Training: An Essential Resource for All [All] Winona



PRESENTERS: James Fogarty, MN DNR Conservation Officer, Minnesota Dept of Natural Resources, Prior Lake, MN; Chris Conroy, ATV Minnesota Safety Committee Chairperson, South Metro

ATV Club Co-Lead Youth Safety Instructor, Minnesota DNR Trail Ambassador, Eagan, MN

ATVs provide an exhilarating riding experience, it's crucial to recognize that they are mere machines, devoid of decision-making capabilities. The outcome of ATV usage largely hinges on the operator's actions, as these vehicles lack the ability to advise against risky behavior or highlight potential consequences. Driving an ATV is a skill, and education plays a pivotal role in ensuring ATV safety. Knowledge is a potent tool, and experience comes with practice. Learn about the rules, regulations and safety training that can make a significant difference, potentially serving as a life-saving measure.

Be Loud. Be Safe. [2] Anoka I & II



PRESENTER: Brian Felsen, Certified Occupational Hearing Conservationist (COHC), Chief Hearing Loss Preventionist, Your Ears Rock, Plymouth, MN

Noise-induced hearing loss and tinnitus are the most common permanent and preventable occupational injuries in the world. Experience an ear-opening evidence based educational, motivational, training

program in compliance with OSHA Standard 29 CFR 1910.95, 1926.101, 1926.52 and ensure your team is going home the same way they come to work everyday.

Beyond the Ergonomic Assessment [2] Waconia III & IV



PRESENTER: Melissa Samuels, OT, Vice President of Global Business Development, ErgoFactor, Inc., Appleton, WI

Many companies utilize job analysis information for ergonomics. While this is important, the use of such assessments should carry over into leave management. This session will review how to implement job analysis for return to work, pre-employment testing,

job rotation, ADA Amendments Act (ADAAA), stakeholder communication and job description development — all necessary for a strong work comp management program.

DOT Compliance and Safety Update: What You Need to Know [All] Waconia V & VI



PRESENTER: Matthew Marrin, MN Division Administrator, U.S. Department of Transportation, Federal Motor Carrier Safety Administration, St. Paul, MN

What is the key DOT issue you and your organization are struggling with? Is it hours-of-service, drug and alcohol testing, proposed changes to driver medical

qualifications? This session will provide an overview of Minnesota truck safety statistics and review the safe systems approach to eliminating crashes and fatalities within the industry.

New Mobile Industrial Robot Safety Standards [2] Anoka III





PRESENTERS: Jamison Harrell-Latham, CSP, LMSS, Chief Operations Officer, The Contingent Plan, Minneapolis, MN and Jens Erickson, CSP, Senior EHS Project Manager, Institute for Environmental Assessment(IEA), Brooklyn Park, MN

Do you have or plan to implement mobile robots within your company? Attend this session to learn about ANSI's new Mobile Robot Safety Standards. We will review both ANSI/A3 R15.08 Part 1 and Part 2 standards along with insights towards drafting Part 3.

Up on Ladder Safety [1] Owatonna



PRESENTER: Brent Rehberg, Fall Protection Specialist and Co-Owner, Access Safety Specialists, LLC, Appleton, WI

Even though the walking working standards were updated five years ago, there are still questions and confusion as to what is required for fixed ladders. This session will provide updates and requirements

for fixed ladders and what fall protection is required at heights above 24ft per OSHA, as well as options for fall protection and how cages fit into the new standard.

What HAZWOPER Training Suits You? [2] Chaska

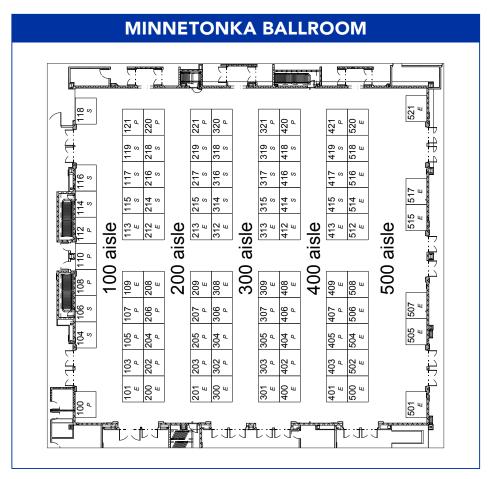


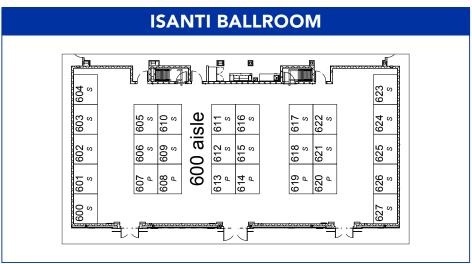
PRESENTER: Dave Sublette, CSP, Occupational Safety Manager, Minnesota Safety Council, St. Paul, MN

If you are a cleanup site worker (e.g. Superfund site), handle hazardous waste at Treatment, Storage, or Disposal (TSD) sites, are an emergency responder, or are part of your employer's emergency spill response team, then you likely need HAZWOPER training. This session helps you decide which level of HAZWOPER training is right for you.

2024 CONFERENCE EXHIBIT HALLS

Tuesday: 8:00 a.m. - 3:30 p.m. | Wednesday: 8:00 a.m. - 3:00 p.m.





Visit Both Exhibit Halls!

- **▶** Don't Forget to Visit the **SOLD OUT Exhibit Halls!**
 - You'll find over 120 booths — featuring 110+ unique vendors — with practical, economical solutions to make your safety program more effective.
- **▶** Stop at the Minnesota **Safety Council Booth** (Isanti 623).
 - Meet our staff, check out training options, tools, drop door prize tickets and much more!
- **▶** Visit the Refreshment **Stations on Tuesday and** Wednesday Afternoons.

They are a great place to find a snack — and to connect with friendly folks just like you!

▶ You'll Find Great **Giveaways throughout** the Exhibit Halls!

And participate in the biggest giveaway of all — Door Prize drawings at 2:30 p.m. on Tuesday in Isanti and Wednesday in Minnetonka. If you register for the conference, you're eligible to win!

A-E

- Access Safety Specialists Booth 100
- ActivePure Technologies Booth 306
- Airgas Booth 405/407
- Alleviate LLC Booth 213
- ALS Environmental Booth 220
- American Society of Safety Professionals (ASSP) Northwest Chapter Booth 204
- Ansell Booth 106
- AP Safety Training, Inc. Booth 619
- Ariat International Booth 200
- Atlas Technical Consultants LLC Booth 219
- Bay West LLC Booth 421
- Blue Ethos Specialized Training Booth 104
- Border States Electric Booth 201
- BSA, Manufacturer's Representative Booth 315
- Chemwatch Americas Booth 205
- Cintas Corporation Booth 408
- CIS Onsite Booth 413
- Columbia Southern University Booth 221
- Cordova Safety Products Booth 218

- Dalmec Manipulators Booth 113
- Diversified Fall Protection Booth 114
- Draeger Booth 621
- EDGE PPE Booth 627
- Electric Cleaner Company Booth 305
- Electronic Design Company (EDC)
 Booth 318
- Energy & Environmental Research Center Booth 412
- Ergodyne Booth 215
- ErgoFactor, Inc. Booth 516
- ErgoWorks Booth 307

F-L

- Fire Protection Equipment Booth 321
- Fit For Work Booth 300
- Gaize
 Booth 202
- Garlock Safety Systems Booth 404/406
- Global Glove & Safety Manufacturing, Inc Booth 603
- Grainger Booth 109
- Hastings Air Energy Control, Inc. Booth 506
- HealthPartners Occupational & Environmental Medicine Booth 320

- Huebsch Services Booth 617
- Hy-Test Safety Shoe Service Booth 613/614
- Indiana Safety Booth 117
- Industrial Scientific Booth 615
- Institute for Environmental Assessment (IEA)
 Booth 414
- ISK Industries Booth 602
- Johnson Commercial Fitness Booth 416
- Kenwood/WS Communications Booth 301
- Keystone Treatment Center Booth 606
- KPA Booth 312
- LifeLine, Inc. Booth 418
- Logitrans US, Inc. Booth 420

M

- 3M Booth 611
- Magid Glove & Safety Booth 415/417
- Mars Supply Booth 207/209
- Martor Booth 119
- Master Lock Booth 304
- Med Compass Booth 400
- Midwest Special Instruments Booth 403
- Minnesota Clean Cities Coalition Booth 108

- Minnesota Department of Labor & Industry, Occupational Safety & Health Division (MNOSHA) Booth 419
- Minnesota Department of Labor & Industry, Workplace Safety Consultation Booth 214
- Minnesota Highway Safety & Research Center Booth 620
- Minnesota Hoist Inspection, Inc. Booth 605
- Minnesota Network of Employers for Traffic Safety (NETS)
 Booth 623
- Minnesota Occupational Health Booth 502
- Minnesota Retain Booth 112
- Minnesota Safety Council Booth 623
- Moldex Booth 402
- MSA Safety Booth 110

N-R

- National Safety Education Center Booth 409
- Northern Safety LLC Booth 118
- OECS-Workplace Safety Experts Booth 302
- One 2 One Marketing Booth 608
- Onsite Medical Service, Inc. Booth 508
- On-Site Solutions Physical Therapy Booth 208
- Onyx Cool Booth 521

- OSR Physical Therapy Booth 625
- PAM Health Booth 103
- Philips
 Booth 319
- Productivity, Inc. Booth 504
- ProtectEar USA, LLC Booth 316
- PSS Innovations Booth 612
- QTS Group Booth 203
- RAECO Rents LLC Booth 317
- RC Bremer Booth 515/517
- Red Wing Shoe Company Booth 505/507
- RESA Power Service Booth 501
- Rogan's Shoes
 Booth 514

S-Z

- Safety Engineered Systems
 Booth 610
- Safety Rail Company Booth 206
- Safewaze Booth 626
- SaltCo LLC Booth 616
- SATECH, Inc. Booth 105
- SKC, Inc. Booth 609
- Sonetics Corporation Booth 604
- South Central College– Customized Workforce Education Booth 115

- Superior Glove Booth 212
- SureWerx Booth 101
- Sustainable Workplace Alliance Booth 116
- The Teehive Booth 600
- Thompson Solutions Group Booth 308
- TKDA Booth 303
- Total Tool
 Booth 518/520
- Trav's Outfitter Booth 309
- TriMedia Environmental & Engineering Booth 216
- TSI Incorporated Booth 618
- Tyndale Enterprises Inc. Booth 622
- UL Solutions Booth 121
- UniFirst First Aid + Safety Booth 601
- U.S. Compliance Booth 512
- Veritas Crane Booth 107
- Walman Optical Safety Eyewear Booth 401/500
- Wells Lamont Industrial Booth 313
- Werner Co Booth 607
- Westex: A Milliken Brand Booth 314
- Ziegler Power Systems Booth 624
- ZOLL Medical Corporation Booth 217